

Goalkeeper Exemption Guidelines - Gord McIntosh, Minor Directorate Chair

To help with the exemption process, here is what I am asking for and need from you;

- Your association president must be notified of the exemption request and sign the LC document prior to sending it to the BCLA office.
- Don't send LC form directly to the CLA. It has to be approved by us (BCLA) before we send the request in to LC on your behalf.
- When completed, send the request with pictures to Deb. She forwards these to me for approval. Once I approve, I send them to Deb to forward to LC. Once LC approves, they send us an approval form that we send back to the person making the request. This can take 2-3 weeks, so best to do before the season starts.
- LC has gone to height measurements to assign sizes for goalie equipment. This is new since we last had to do any reviews. Size their equipment accordingly.
- If your goalkeeper does not fit the equipment that is appropriate for their height, here are the steps to take.
- Here is what I need for pictures please.
- You can apply for one or all of leg guards, pants and uppers
- I need pictures with the goalie wearing the equipment that you claim is too small, including proof of the size (1 or 2 showing on the equipment. This may require a separate picture)
- For leg pads, this is usually the height of the pad or the length of the toe cap.
- For pants, this is usually the length of the leg or the waist size
- For uppers, this is usually the length of the arm or the length of the belly pad
- I want 1 picture with all the equipment on that doesn't fit. The goalie should be facing the camera and should be a full body image. I need to see the gaps in fit.
- Pictures of the goalie with the different pieces of individual equipment that don't fit. I need to see where it is too small.
- **I don't want pictures of the equipment that fits. I am fine in assuming that if one size doesn't fit, then the next size up does.**

I hope this helps all of you when making a goalkeeper exemption request.

Gordon McIntosh

Minor Directorate Chair



2022 REQUEST FOR GOALKEEPER EQUIPMENT EXEMPTION

Valid for the 2022 playing season only

This form will not be accepted without photographs of the goalie in equipment.

Please submit form to james@lacrosse.ca by **May 31, 2022**

Late submissions will not be accepted

Player Name: _____

Address: _____

Player Date of Birth: _____ Age: _____

Height: _____ Weight: _____

Exemptions applying for (please check all that apply)

Size of equipment permitted
based on height

Size of equipment
requested

| |
|--------------------------|
| <input type="checkbox"/> |
| <input type="checkbox"/> |
| <input type="checkbox"/> |

Shoulder Pads

| |
|--------------------------|
| <input type="checkbox"/> |
| <input type="checkbox"/> |
| <input type="checkbox"/> |

Leg Guards

Pants

Reason for request: Please explain in detail why the larger size is required.

Parent/Player Contact Email: _____

Local Association Contact Email: _____

Local Association President Name
(Please Print)

Local Association President Signature

Member Association Signature

Approved by LC

Not Approved by LC

Date of Approval

S&E Committee Chair Signature



12.10 EQUIPMENT CHART

LC GOALTENDER EQUIPMENT SPECIFICATIONS

| LC GOALTENDER EQUIPMENT STANDARD | HEIGHT | CHEST AND ARM PROTECTORS | | |
|----------------------------------|----------------|---|---------------------------|-------------------------------------|
| | | MAX. WIDTH OF PADDING OUTSIDE OF ARM ON EACH SIDE | MAX. WIDTH OF ARM PADDING | MAX. THICKNESS ABOVE SHOULDER PLANE |
| Category 3 | 5'5" and above | 4" | 8" | 3" |

| LC GOALTENDER EQUIPMENT STANDARD | HEIGHT | CHEST AND ARM PROTECTORS | | |
|----------------------------------|-------------|-----------------------------|-------------------|-------------------------------------|
| | | MAX. WIDTH ACROSS SHOULDERS | MAX. WIDTH OF ARM | MAX. THICKNESS ABOVE SHOULDER PLANE |
| Category 2 | 4'7" – 5'4" | 25" | 7" | 1.5" |
| Category 1 | Up to 4'6" | 20" | 6" | 1" |

**** Note: Shoulder caps must be anchored**

| LC GOALTENDER EQUIPMENT STANDARD | HEIGHT | SHIN GUARDS AND PANTS | | |
|----------------------------------|----------------|----------------------------------|-----------------------------|------------------------|
| | | SHIN GUARD MAX. WIDTH BELOW KNEE | SHIN GUARD MAX. OF KNEE CAP | PANTS MAX. THIGH WIDTH |
| Category 3 | 5'5" and above | Tapered from 9" to 7" | 11" | 11" |
| Category 2 | 4'7" – 5'4" | Tapered from 8" to 5" | 9" | 9" |
| Category 1 | Tyke-Novice | Tapered from 7" to 4" | 7" | 7" |

An MA may apply for an exception to this Rule by submitting a Request for Goalkeeper Equipment Exemption Form.



How to Measure Goaltender Height

1. Have tape measure fixed to wall, showing full view from floor to above the athletes' head.
2. Goaltender must be in shorts, T-shirt and bare feet.
3. Goaltender stands up straight with heels against wall, head level.
4. A ruler is used to measure straight from the top of the athletes' head.
5. Pictures need to be full view from head to toe of the athlete.

