Duties:

1. The game shall be divided into 4 periods of 20 minutes duration for each period. Over time periods are 4 minutes in duration.

2. The game clock shall be running time except for the last 3 minutes of the last quarter and during all overtime periods.

3. In the last quarter, if the ball is head and clock runs down to the 3 minute mark, the clock shall stop at the 3 minute mark. Re start the clock on the whistle.

4. When in “stop time” stop the clock on every referee whistle then restart on the next whistle.

5. The referee may instruct the time keeper to stop the clock for an injury.

6. The referee may instruct the time keeper to stop the clock for simultaneous fouls.

7. The referee may instruct the time keeper to stop the clock for any reason for proper enforcement of the game and safe conduct of the game.
Duties:

8. Indicate to the official scorer the times on the clock when the goals are scored.

9. Indicate to the official scorer the times when the penalty starts and terminates.

10. All time outs are 90 seconds long.

11. Inform the Chief Bench Official (CBO) or the referees when there are 30 seconds remaining in the time out.

12. Notify the CBO or the closest on field referee when there is 3 minutes left in each quarter...especially, the last quarter as that is when stop time begins. Announce when there is 2 minutes left...then 1 minute left.

13. At the “30 second” mark in each quarter, the time keeper will notify either the CBO or the closest referee on the field and say “Clocks on”. The time keeper will enter the field of play and go to the referee that is closest. Do not watch the play of the game. Stand with your back to the play, facing the referee.

14. Count down from 10. Count out loudly..10-9-8-7-6-5-4-3-2-1 then say zero. Do not say “Time” or “Game” or any other words.
Duties:

15. The time keeper keeps the time between intermissions and informs the CBO or head referee when there is one minute left in the intermission. Generally, the intermission is after the first quarter (2 minutes), half time (10 or 5 minutes) and after the third quarter (3 minutes).

16. Sign the score sheet as the official time keeper