

By: LacrosseTalk Staff

Over two decades ago, female lacrosse participation could be best described as sparse amongst all disciplines. Many of these athletes played Box Lacrosse on all-boys teams, some in the field, with few opportunities to compete on all female teams.

BC Women's Field Lacrosse had a starry past in the 80's and 90's. These talented female athletes came from sports like soccer and ice-hockey and learned lacrosse skills to compete at high levels. Some athletes dominated the female lacrosse scene nationally, others competed internationally for Team Canada, but few ventured to play collegiately.

Hall of Famer and 1982 Team Canada Women's Field Lacrosse assistant coach, Dave Evans, developed many female athletes in the 80's. In an era where few resources existed to develop Women's Field Lacrosse athletes, Evans creatively trained his teams to a level of national prominence, even beating NCAA varsity programs in exhibitions.

"There was no Field Lacrosse in Canada at that time (early 1980's)," stated Evans. "Ontario and BC had some box players, so we put together a national team that consisted of mainly Box players for the 1982 Worlds. Most athletes played Box, but quickly learned the outdoor game – most could have played on a college team."

introduced a lacrosse development discipline called Inter-Lacrosse (or Intercrosse). This program introduced basic lacrosse skills to young school-aged boys and girls across Canada.

Presently in BC, there are more female athletes competing on Female Box Lacrosse and Women's Field Lacrosse teams, totaling 1,286 athletes (2014 registrations: 910 box and 376 women's field) in an overall pool of 16,878 registered athletes. These female athletes are going places!

Title IX in the US was a catalyst for change which provided girls and women with equal opportunity to compete in sports. So, all of a sudden, girls got off the sidelines and onto the playing fields.

It was no more evident than in NCAA athletics as more female sports were adopted at institutions which lead to more female participation in sports across the board. Where male athletes and sports teams outnumber their female counterparts, equity amongst sports tended to take shape with the addition of all-female programs, of which team sports, like Women's Field Lacrosse (amongst others), have benefitted.

Former college coach and Vancouver Stealth President and GM, Doug Locker, experienced the changing landscape of NCAA sports firsthand.

"The biggest impact is that the changes certainly increased opportunities for

As good as our athletes once were, the seeds of grassroots development were not sewn to grow the game's future. This led to years of limited opportunities for female lacrosse athletes, until a concerted effort was put forward to develop Female Box Lacrosse in the late 1990's and the present day resurgence of Women's Field Lacrosse.

BC Lacrosse participation hit an all-time low in the mid-1980's with just 4048 registered athletes. Soon after, the Canadian Lacrosse Association (CLA)

British Columbia Lacrosse Association #101 - 7382 Winston Street Burnaby, BC V5A 2G9



women in all schools," noted Locker. "Female athletes coming through the sport system are benefiting today in a big way. Many institutions elevated 1-2 female sports to reach equity -- women's lacrosse programs have been a major benefactor."

Presently, there are 3,714 more women's teams on college campuses than there were in 1972, which led to an increase of 133,000 female college athletes today (up 516%).

Currently, there are approximately 107 Division I, 85 Division II and 257 Division III NCAA women's lacrosse programs. This season, an estimated 95 Canadian women competed on NCAA lacrosse teams (approx.: 37- Div. I, 44- Div. II & 14- Div. III). Almost a quarter of those athletes are from BC. With 43 new NCAA women's lacrosse programs projected in the next two years, more opportunities for female lacrosse players may be on the horizon.

The re-development of Women's Field Lacrosse in BC and the addition of the discipline in the Team BC high performance program has created opportunities where few existed. Now athletes can receive advanced training to play on a stage to get noticed and make a college connection.

Surrey's Savanna Smith attended LaSalle University (PA) from 2011-2014, at a time when very few local (female) lacrosse athletes were getting recruited to

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British Columbia Lacrosse Association

www.bclacrosse.com



Don Scott is BCLA's 2015 selection for the coveted Sport BC President's Award.

By: LacrosseTalk Staff

The 49th Annual Athlete of the Year Awards and President's Award ceremonies, founded by Sport BC, took place Wednesday, March 12, 2015 at the Fairmont Hotel Vancouver in Vancouver, BC. Hundreds of BC's finest athletes, coaches and volunteers were recognized at the prestigious event. The event was a who's who of the local sports community with past Olympians & Paralympians, professional athletes, builders and media types taking in the celebrations. Gemini Award winning Sportscaster, CBC's Scott Russell, wowed the crowd as banquet emcee.

Scott Selected for **SBC** President's Award

The BC Lacrosse Association's 2015 selection for the Sport BC President's Award was BC Lacrosse Association's VP Administration. Don Scott.

"Reflecting back it is hard to believe that I have been involved in lacrosse for more than 30 years," reminisced Don Scott.

Don Scott began coaching lacrosse 37 years ago when his son was 8 years old. He pretty much has been a lacrosse lifer ever since!

In the 1980's, he became the President of the Maple Ridge Minor Lacrosse Association to boost their fledgling registration and to develop lacrosse. His love for the game drew him to the Western Lacrosse Association (WLA) Senior A league where he volunteered as a Game Commissioner, then served as the WLA League Commissioner from 1997 to 2001.

He was as WLA Assistant Commissioner for many years before accepting the role as Chair of the Senior Lacrosse Directorate from 2005 to 2009. Scott would go on to be the BC Junior A Lacrosse League Commissioners, as well as, the Convener of both the Presidents' Cup Senior "B" National Championships and the Minto Cup, Junior "A" National Championships.

Whenever Scott was asked to volunteer his time, he was always quick to say "YES" because of his love for lacrosse. He has served on numerous Appeals Boards and is currently in his 4th year on the BC Lacrosse Association Executive as Vice President-Administration.

"When I was told of the award I felt very humble," mentioned Scott. "One does not think about the being involved in lacrosse as work -- it is a pleasure. The people I have met and become friends with would not be in my life if it wasn't for lacrosse. I love the game and I was very excited to receive this recognition."

Don Scott is the BC Lacrosse Association's 2015 recipient of the Sport BC President's Award.

Previous Sport BC Athlete of the Year Award President's Award recipients from the BCLA are: Gloria Siegner (1999), Elinor Hinds (2000), David Soul (2001), Jack Crosby (2002), Hugh Tait (2003), Greg Toll (2004), Deb Stocks (2005), Shawn House (2006), Greg Toll and Toni Lowe (2007), Ron McQuarrie (2008), Mike Hall (2009), Gene and Judy Regier (2010), Dave "The Wall" Jenkins (2011), Terry Mosdell (2012), Doug Wright (2013) and Dennis Quigley (2014).

The BC Lacrosse Association thanks Don Scott for his commitment to lacrosse.



Alisa Brownlee accepts a Community Sports Hero Award for her work with Kelowna Minor Lacrosse.

By: LacrosseTalk Staff & Pacific Sport Kelowna

Twenty-one individuals from Kelowna's sports community were honoured February 4, 2015 for their exceptional efforts, both on and off the field of play.

Brownlee Receives Kelowna Sports Hero Award

Pacific Sport and Tourism Kelowna acknowledged 11 volunteers and 10 athletes at the 2015 Community Sport Heroes Awards at the Rotary Arts Centre. Among the volunteers was Kelowna Minor Lacrosse Association President, Alisa Brownlee.

Lacrosse has staged an impressive comeback in Kelowna, led by volunteer Alisa Brownlee. Once Director of Sponsorship and now President of Kelowna Minor Lacrosse Association, Alisa has had a monumental impact at all levels of the sport - from grassroots to performance.

"I have been involved with lacrosse since 1989 as one of the first female trainers with Coquitlam Sr. Adanac's -- growing up in Coquitlam lacrosse is in my blood," stated Brownlee. "Raising two boys in Kelowna, I knew I had to get involved at some level with lacrosse, now it has been 7 years!"

Initially tasked with the daunting assignment of boosting participation numbers and developing partnerships, Alisa joined forces with her husband to champion the "Kinsmen Learn to Play Program", and engaged McDonald's in holding a Mini Tyke Jamboree, introducing young players to the sport.

Through the years, she has assisted with hosting annual Peewee, Bantam, and Midget tournaments in Kelowna, and was instrumental in the Bantam Box Lacrosse Provincial Championships bid, awarded to Kelowna in 2015 -- the first time Box Provincials have come to Kelowna since 1998.

"My entire executive volunteers for the kids, giving them the opportunity to play Canada's national summer sport. Being granted the Bantam Provincials this July is the highlight of my volunteer service with Kelowna Minor Lacrosse. We are all looking forward to a successful, fun provincial tournament in the sunny Okanagan!"

Additionally, Brownlee has brought in numerous coaching clinics and training opportunities and the results of her efforts are evident. In 2014, Kelowna's Midget A2 Box team captured silver at Provincials and the Zone 2 Field team came home with bronze from the 2014 BC Summer Games. More importantly, from the time she began volunteering with the Kelowna Minor Lacrosse Association in 2008, registration has more than doubled.

"It is amazing to be recognized for my efforts, however, I could not be as successful without my executive's support," noted Brownlee. "Our entire volunteer group makes Kelowna Minor Lacrosse successful."

Congratulations on this fine achievement!

Walser Wins Prestigious Leadership Award



By: LacrosseTalk Staff

Former Team BC Female Box Lacrosse coach, Team BC Women's Field Lacrosse coach and BCLA Aboriginal Developer, Naomi Walser, has been named a recipient of the Bobbie Steen Legacy Foundation Award.

The Bobbie Steen Legacy Foundation has been created to provide financial support to charitable activities dedicated to advancing gender equity in physical activity and sport and/or the community betterment resulting from female involvement in physical activity and sport. The Bobbie Steen Legacy Foundation Award, in the amount of \$1000, is awarded to an emerging leader whose dedication to the women and girls of BC parallels those of Bobbie Steen and the Foundation.

The Bobbie Steen Legacy Foundation Award recognizes Walser's leadership in the sport of lacrosse as supporting girls and women to reach their potential.

"Wow what a nice birthday email to open today (March 19)," replied Walser once she found out about her award. "We all

know coaches do it for the love of the game, but especially at a time when one reflects on their life; to receive this award feels really special."

What is ProMOTION Plus? ProMOTION Plus is the British Columbia organization for girls and women in physical activity and sport. It was established as a non-profit society in 1990 and was unique in Canada at the time. ProMOTION Plus is still only one of the three provincial organizations in Canada dedicated to increasing opportunities for girls and women in the sport and recreation delivery system.

As part of the sport and recreation system, ProMOTION Plus has been housed in the Sport BC building since its inception and has always worked closely with Sport BC and other provincial sport and recreation organizations. Founding members include Bobbie Steen, Marion Lay, Bryna Kopelow, Patti Hunter, Paula Pick and Janna Taylor.

The award will be presented at the ProMOTION Plus signature recognition event, In Her Footsteps, on Tuesday, November 3, 2015 at the UBC Boathouse in Richmond. Walser will receive a nice framed certificate and \$1000.

"I was honoured to be nominated," said Walser. "We all have a roll in this world and I think I was born to share lacrosse. Thank you BCLA for providing an opportunity to be part of your team. And to Promotion Plus for encouraging Developer and coach women in sport and highlighting accomplishments and stories that inspire other girls and women to want to participate!"

Congratulations Naomi for this special accolade.

Naomi Walser was named recipient of the Bobbie Steen Legacy Foundation Award.

Blues & Irish Win First HS Titles

By: LacrosseTalk Staff

The 15th Annual High School Field Lacrosse Provincial Championships took place February 23-27, 2015 in Coquitlam and New Westminster.

Sixteen Senior and eight Junior teams squared off in the 5-day event. Senior teams included Best (2 teams), Claremont 1 & 2, New Westminster, Terry Fox, Riverside, Vancouver College, Holy Cross, Hatzic, Centennial, Spectrum, Port Moody, Maple Ridge, Pitt Meadows and Point Grey. New Westminster, Vancouver College, Best, Claremont 1 & 2, Maple Ridge and South Delta competed in the Junior division.

Junior Tier 2: Vancouver College made it to the Tier 2 finals for the second year in a row, this time they faced South Delta. In the round robin match, VC managed an 11-8 victory over the Sun Devils. The Irish were ready to take the next step in their development by winning a lopsided 10-4 win to take their first Junior Tier 2 title. Junior Tier 2 MVP: James Greig (Vancouver College).

"It was an amazing experience for our players," stated Head Coach Matt Esaw. "Many of our players have never held a lacrosse stick before this season. Their hard work, determination, and willingness to learn the sport allowed them to come together as a team and find success. Even in the final game, we demonstrated composure and disciplined play by capitalizing on a number of penalties to eventually give us our first provincial title in our 12 year history."

Junior Tier 1: In the semi-finals, New West handily beat Best 13-7, while Claremont #2 eked past Claremont #1 by a score of 7-6 margin. The Hyacks lost their round robin game versus Best 7-6 and came back with a vengeance for their ticket to the finals. Claremont #2 also lost their round robin game to Claremont #1 and turned the tables winning the important semi-final game. Claremont #2 were in perfect form and outlasted the Hyacks 10-6 for the title. Junior Tier 1 MVP Riley Condon (Claremont #2).

"It was a special week and a quite an accomplishment to pull off the 'double' victory, stated Head Coach Darren Reisig. "A victory wasn't expected at Junior at all but the play of some our guys was quite good and has shown that their development has come a long way this year. Splitting our Junior program into two even teams gives all a chance to compete and play which is rare for our guys - to be able to do so with both teams and then play each other in a semifinal was great."

Senior Tier 2: In the semi-finals, Pitt Meadows doubled Hatzic 14-7, while Port Moody won a lopsided 15-1 match over Holy Cross. Port Moody's high-octane offense scored aplenty all tournament outscoring their opponents 63-11. The Blues continued their offensive push and cruised to a 14-6 victory in the Senior Tier 2 title match. Senior Tier 2 MVP: Matt McIlwrick (Port Moody).

"Our Port Moody team was made up of players from grades 9-12 with a range of skill levels," noted Head Coach Todd Clerkson. "Every one of the players was thrilled to win a championship for their school. It was an absolute pleasure to coach such a dedicated, enthusiastic and sportsmanlike group of kids."

Senior Tier 1: Claremont #1 battled Terry Fox Ravens in one semi-final game with the #1 team taking a 12-9 decision. In the other semi, New West handed Centennial Centaurs a lopsided 12-1 loss and a spot in the title match. The Hyacks defeated the Spartans in the round robin by 9-4. In the final, both teams were evenly matched but Claremont had the burning desire to avenge their earlier loss to New West. Claremont #1 wouldn't be denied as they took the Hyacks into overtime with an 8-8 score after regulation time and went on to a 10-8 (OT) title championship victory. Senior Tier 1 MVP was Brad McCulley (Claremont #1).

"The Senior division was as good and as deep as I can remember," praised Reisig. "All six teams were quality teams and there were no easy games as seen by the mixed results over the week.



Senior Tier 1 Gold - Claremont Spartans #1.



Senior Tier 2 Gold - Port Moody Blues.



Junior Tier 1 Gold - Claremont Spartans #2.



Junior Tier 2 Gold - Vancouver College Fighting Irish.

versus New West in the final (after losing the day prior) was an outstanding day for BC high school lacrosse. To come out on top is a special memory for our grade 12 players."

Every year the overall level of play increases and 2015 was no different. continued to grow with many of the School programs continued to flourish with many putting a concerted effort to grow the sport and really put their best foot forward for this competition.

Thank you to the volunteer committee, Ken Bowman, Al Varley, Shawn House, and Laura Lea Stokes for all their organization, time, and efforts on another well run event. Thank you to the BCLA for their assistance and for posting

Continued from Cover - BC's Selena Lasota Rising NCAA Star, BC Athletes In Demand!

college programs. Smith may be best known as one of BC's first female lacrosse players, in recent history, to play Division I NCAA Women's Lacrosse.

"When I was 14 years old, I tried out for the Team Canada U19 women's team and made it to the last cuts," remembered Smith. "I knew I wanted to play Division I lacrosse when I found out you could go to school and play lacrosse."

Through hard work and perseverance, Smith not only trained hard playing Box and Field Lacrosse (sometimes on boys teams), but put in plenty of effort to learn about the recruitment process and promoted herself to schools.

"I talked to many male lacrosse players who played college lacrosse – I looked at schools that had the academic program I wanted and had Division I lacrosse," Smith explained. "I got noticed by playing – I kept sending any game footage to schools and emailing them back and forth."

"Lacrosse has been a privilege to play – it has shown me that I can do more than I ever thought possible."

Many more female athletes (and parents) have recognized the opportunities to compete on high performance teams and experience recruiting tournaments where college coaches flock to find their next stars.

Team BC Field Lacrosse Co-ordinator, Reynold Comeault, assists Team BC athletes to connect with college coaches that attend recruiting tournaments in Florida and California. The conversations don't end on the field, as Reynold's inbox stays active with college coaches searching for the diamonds in the rough.

"I cannot overstate enough that the direction of our Team BC Women's Field program has put the female athletes of our province on the college coach's map in a huge way," said Comeault. "There isn't a week that goes by that I don't receive enquiries about our athletes."

There was a time college coaches didn't know much about BC's female lacrosse athletes. Now, they are very aware of their talents with some of the credit going to Box Lacrosse coaches early in their development. The combination of athletes playing Box Lacrosse and the fine work of local coaches and the Team BC influence has raised the bar and marketability of female athletes in BC.

Team BC Women's Field Lacrosse Head Coach Dan Stroup stays connected with many college coaches including Gary Gait (Syracuse) and Scott Teeter (Canisius) – they too understand our athletes and what traits work well in their programs.

"The common characteristics college coaches like about our athletes are the stick skills from box and style of play – a more of a run and gun style," noted Stroup.

Todays' athletes are bucking the trend and bringing an added "Canadianized" element to college lacrosse rosters. Over 20 BC female athletes have accepted lacrosse scholarships the past three seasons. They currently (or will) adorn rosters from schools like LIU Brooklyn, UC Davis, Canisius and Oregon -- none more prominent than Northwestern Wildcat Freshman, Selena Lasota from Campbell River.

Just three short years ago, Lasota played in her first Field Lacrosse game while competing with Team BC. She knew little about college lacrosse, let alone anything about Northwestern University.

Now, a starting midfielder for the Northwestern Wildcats, Lasota has opened the doors for more Canadians who may pursue academics through sports. She currently is the team leader in goals (48), points (53) and caused turnovers (18) – all in her first season. Her 48 goals (or 3.69 goals per game) are good for fifth spot overall in NCAA Division I scoring so far this season.

"My advice is to play hard and train hard," said Lasota. "Get out with your stick every day to work to be better than you were the day before."

"There isn't a better example of some of our athlete's successes than the impact that Selena is having at Northwestern," stated Reynold Comeault. "As a starter, she is the team's leading scorer and a great young leader, a direct relation to the hardnosed style that she fine-tuned playing with Team BC."

Terry Fox was an incredibly tough semifinal and then an OT win scores throughout the tournament.

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"Based on the dramatic progress of our players from year to year, through training and exposure to international competitions, our girls are gaining a well-defined vision of where the proverbial goal posts stand in their pursuit of playing college lacrosse," stated Comeault. "There is no question that the conversations that occur now, opposed to 2 or 3 years ago, are very warm, upbeat and positive."

A far cry from what Dave Evans and his athletes experienced back in the early years. The challenges of development may be a distant memory with a clear path to follow in the pursuit of Women's Field Lacrosse excellence.

"I have had a couple of new programs stating that they would love to have all of our girls attend their college," proudly stated Comeault. "Our girls are getting noticed!"

BCLA & Stealth – Lacrosse on the Move 2015

By: LacrosseTalk Staff

Get your 50-50 tickets here! Words most sports fans have heard at almost any sporting event they have attended.

As part of the BC Lacrosse Association and Vancouver Stealth partnership, the BCLA volunteered to manage the 50-50 sales at all Stealth home games. This is the second season of

the partnership. The inaugural season of the Vancouver Stealth Professional Lacrosse Team presented the perfect opportunity for the Stealth and the BCLA to partner to create the Lacrosse on the Move Youth Travel Grant Program. All proceeds from Stealth game 50-50 sales go directly into this fund to assist teams and athletes who are traveling to provincial and national championships.

The Lacrosse on the Move Youth Travel Grant Program will help offset travel costs for Youth Field and Minor Box Lacrosse members of the BCLA, with the priority funding to assist Minor Box and Youth Field Lacrosse divisions. To date, the fund has grown to over \$20,000 and will hopefully reach the \$30,000 mark by season's end.

In addition to the 50-50 sales, the Stealth promoted a BCLA Night on the March 21 Colorado Mammoth game. Commemorative jerseys were produced, with the Province of BC sunburst, with the traditional red, royal and yellow colours of our provincial flag. \$9,920 was raised and invested into the Lacrosse on the Move Fund. Many thanks to the Stealth and to Vanichuk Tranport Co. for sponsoring the uniforms.



"What a great program to assist so many teams and athletes inside the BC Lacrosse community," said BCLA President Sohen Gill. "Countless people offer up their free time to help coordinate the 50-50 sales, let alone the teams of ticket sellers at each home game."

Lacrosse on the Move Youth Travel Grant Fund Policy Guidelines:

The Lacrosse on the Move Committee comprised of Vancouver Stealth ownership and personnel and BC Lacrosse Association have determined that grants from this fund will be available to teams traveling to Youth Field and Minor Box Provincial Championships; Team BC athletes who would not otherwise be able to afford to travel to Nationals; and Team BC athletes who would not otherwise be able to afford to travel to practices while preparing for National Championships.

The Lacrosse on the Move Committee will review applications and make decisions on the allocations of the Youth Travel Grant Fund that will offset travel costs with priority funding going to Minor Box and Youth Field Lacrosse athletes.

The travel grants will partially subsidize travel costs:

1. Within British Columbia for minor box/ youth field teams traveling a distance of not less than 200 km, unless ferry travel is involved in the travel expenses. In the case of ferry travel, the team travel expense will be considered, only after proof that the team has applied for the BC Ferries Sport Experience Program



BCLA President Sohen Gill receives a cheque for \$9,920 from funds raised during the Vancouver Stealth jersey auction. (L-R): Tyler Garrison, Alex Vanichuk, Gill, Doug Locker & Tyler Richards.

Information: http://www.viasport.ca/bc-ferriessport-experience-program. Successful team applicants will receive grant amounts between \$100-\$1,000 depending on the distance of travel and the amount of grant funds available. Funding applications with accompanying receipts (when applicable) are to be submitted to the BCLA Office no later than 7 (seven) days after the provincial championship event.

2. For Team BC athletes who face financial barriers to travel to National Championships. Successful individual applicants will receive grant amounts between \$250-\$1,000 depending on the distance of travel and the amount of grant funds available. Funding applications must be made as soon as the athlete is chosen for a Team BC program.

3. For Team BC athletes who face financial barriers to travel for training purposes to get

ready for National Championships. Successful individual applicants will receive grant amounts between \$100-\$500, depending on the distance of travel and the amount of grant funds available. Funding applications must be made as soon as the athlete is aware of the Team BC practice schedule.

Applications will be reviewed by and awarded at the discretion of the Stealth-Lacrosse on the Move Travel Grant Committee. Please note that making an application for funding does not automatically guarantee funding. For additional Lacrosse on the Move Youth Travel Grant Program information please visit the BCLA website scroll or E-Mail info@bclacrosse.com.

So, when you are asked to purchase a 50-50 ticket at the Stealth games, be sure to support the program and remember just who the funds end up supporting!



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BCJALL Ramps Up for 2015 Season

By: Chris Vales

Practices are starting to ramp up and decisions need to be made. It's that time of the year again; the BC Junior A Lacrosse League picks right back up on April 24th. You could ask a handful of questions about each

team, but you won't know the answers today or tomorrow. Will the young talent that Delta and Langley drafted, 9 and 11 players each respectively, at the draft be able to renew life in their



teams? With star players graduating, will powerhouses New Westminster and Coquitlam still continue to roll or will it be the same old story with Coquitlam adding another championship at the end of the season?

No one knows, but there is one thing for sure, it's going to be an exciting season. Some early notable dates are the Langley Thunder and Port Coquitlam Saints opening up the 2015 season on Friday, April 24,

while the Coquitlam Adanacs will have their "banner-raising" home opener on Sunday, April 26 against the Nanaimo Timbermen. Unfortunately, it will be a few weeks before we can see the New Westminster Salmonbellies and Coquitlam Adanacs go head-to-head as they will faceoff on May 12th.

Make sure to stay up to date with the latest scores and news on our new website. The BCJALL is also on Twitter, make sure to follow @BCJALL.



Coquitlam Jr. Adanacs have represented the West in the Minto Cup the past 6 years.

Adanacs Select Berg #1 Overall

66 Players Selected at WLA 2015 Draft

The Western Lacrosse Association (WLA) held the 2015 Annual Draft of 2014 Graduating Junior Lacrosse Players at the Langley Events Centre on Wednesday, February 11, 2015.

66 Junior lacrosse players were drafted by WLA teams including the Burnaby Lakers, Coquitlam Adanacs, Langley Thunder, Maple Ridge Burrards, Nanaimo Timbermen, New Westminster Salmonbellies and the Victoria Shamrocks.

For the second year in a row, a Coquitlam Junior Adanac product was the first overall selection in the draft. The Coquitlam Adanacs held the first pick of the draft after trading up to the top spot prior to the Entry Draft. The A's selected Wesley Berg from the Coquitlam Junior A Adanacs.

"Wes is an elite player that does not come along that often -- he has the size and speed to beat you inside or from the outside," explained Adanac General Manager Kevin Hill. "He is an impact player that makes everyone around him better. It's great to be able keep Wes in his hometown where he finished his Junior career -- once an Adanac, always an Adanac."

The 6'-1" 180 pound right hander from Coquitlam is currently in his senior year of college lacrosse at the University of Denver. At DU, Berg has scored 120 goals and tallied 47 assists for 167 points in 52 games for the Pioneers. 2014 college lacrosse accolades included USI-LA Third Team All-American, Big East Offensive Player of the Week (03/31/14), BIG EAST Honor Roll (04/21/14), a Tewaaraton Award nominee, First Team All- BIG EAST, Most Outstanding Player and to the All-Tournament

Team during the BIG EAST Championship and named to the NCAA All-Tournament Team.

Berg was also a member of the 2014 World Champion Team Canada Men's Field Lacrosse program that defeated the USA 9-5 at the FIL World Championship last July.

Berg, a great defender and a huge offensive threat, finished his final BC Junior A Lacrosse League (BCJALL) campaign with 12 goals and 14 assists for 24 points in only 5 games. In 7 playoff games, he netted 29 points (16G, 13A) or 4.14 points per game.

"Becoming a Senior Adanac is something that you dream about as a kid playing lacrosse in Coquitlam," said Garrison. "Putting on the same jersey of so many greats to ever play the game is going to be something special. I'm really excited to remain in this community and represent such a great organization."



Wesley Berg seen here in 2014 Minto Cup action versus Six Nations.

2015 WLA Junior Draft Results

 Langley Anthony Malcolm New West New West New West Naple Ridge Connor Goodwin New West Maple Ridge Connor Goodwin New West Manaimo Peter Dubenski Nanaimo Berte Dobray Langley Jacob Doucet Nanaimo Berte Dobray Langley Jacob Doucet Nanaimo Berte Dobray Langley Jacob Doucet New West Langley Jacob Doucet New West Coquitam Corey Shires Nanimo Coquitam Andrew Taylor Langley The Paker Langley The Paker Nanaimo Mitchell Parker Langley The Paker Langley The Paker Langley The Paker Nanaimo Mitchell Parker Langley The Paker Langley The Paker	Time	Visitors	Home	Location
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www.raisethefundsbc.com raisethefundsbc@gmail.com		Nanaimo	Langley	Langley Events Centre
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www.raisethefundsbc.com raisethefundsbc@gmail.com		Burnaby	Victoria	The Q Centre
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July 30 Th	hur 7:45 PM	Burnaby	New West	Queen's Park Arena
HEIDING VOLL "DAISE THE ELINDS" July 31 Fri	ri 7:45 PM	Langley	Victoria	The Q Centre
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Western Lacrosse Association 2015 Schedule

:45 PM	Burnaby	Victoria	The Q Centre
:00 PM	Langley	Coquitlam	Poirier Sport & Leisure
:00 PM	New West	Nanaimo	Frank Crane Arena
:45 PM	Victoria	Maple Ridge	Planet Ice, Maple Ridge
:45 PM	Langley	Burnaby	Bill Copeland Sports Centre
:45 PM	Coquitlam	Langley	Langley Events Centre
:00 PM	Nanaimo	New West	Queen's Park Arena
:45 PM	Maple Ridge	Victoria	The Q Centre
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:45 PM	Langley	Maple Ridge	Planet Ice, Maple Ridge
:00 PM	Nanaimo	Burnaby	Bill Copeland Sports Centre
:00 PM	Victoria	Langley	Langley Events Centre
:45 PM	Burnaby	New West	Queen's Park Arena
:00 PM	Burnaby	Coquitlam	Poirier Sport & Leisure
:00 PM	Coquitlam	Nanaimo	Frank Crane Arena
:45 PM	New West	Maple Ridge	Planet Ice, Maple Ridge
:45 PM	Maple Ridge	Burnaby	Bill Copeland Sports Centre
:45 PM	Burnaby	Langley	Langley Events Centre
:45 PM	Langley	New West	Queen's Park Arena
:45 PM	Coquitlam	Victoria	The Q Centre
:00 PM	New Wet	Coquitlam	Poirier Sport & Leisure
:45 PM	Victoria	Maple Ridge	Planet Ice, Maple Ridge
:45 PM	Coquitlam	Burnaby	Bill Copeland Sports Centre
:45 PM	Maple Ridge	Langley	Langley Events Centre
:45 PM	New West	Victoria	The Q Centre
:00 PM	New West	Nanaimo	Frank Crane Arena
:00 PM	Victoria	Coquitlam	Poirier Sport & Leisure
:45 PM	Nanaimo	Maple Ridge	Planet Ice, Maple Ridge
:45 PM	Langley	Burnaby	Bill Copeland Sports Centre
:45 PM	Victoria	New West	Queen's Park Arena
:45 PM	New West	Burnaby	Bill Copeland Sports Centre
:45 PM	Langley	Victoria	The Q Centre
:00 PM	Maple Ridge	Coquitlam	Poirier Sport & Leisure
:00 PM	Langley	Nanaimo	Frank Crane Arena

BCLA Scholarships/Bursary

How Can You **Contribute?**

By: LacrosseTalk Staff

Each year, the BC Lacrosse Association (BCLA) has three scholarship/bursary awards that are presented to deserving lacrosse participants in the Province of BC -- The Ted Fridge Scholarship, the Wayne Goss Scholarship and the Dorothy Robertson Memorial Bursary. These scholarships were developed to recognize outstanding contributions to lacrosse, and to encourage and assist our members in the pursuit of higher education, while furthering the BCLA's objective in helping to provide trained people to meet the needs of our community. DEADLINE for applications is Thursday June 11, 2015.

We want to tell you more, about the people behind these financial awards, what the scholarships represent and the criteria required to apply. New in 2013, these scholarships/bursary are connected to the National Sports Trust Fund (NSTF), which means that anyone who would like to make a donation of \$25 or more in support of any these scholarships/bursary, can receive a tax deductible charitable receipt.

Wayne Goss Scholarship – Wayne Goss is still the number one fan of the New Westminster Salmonbellies. If you ever drop by the traditional Queen's Park Arena for a Salmonbellies game, you're likely to see Wayne cheering on his team. Wayne was one of the most decorated Salmonbellies in the 70's and 80's. During his 14-year, 465-game career, Wayne accumulated 812 goals and 1,040 assists for 1,852 points - the all-time assist and point records for Senior "A" box lacrosse in Western Canada. At the time of his retirement, Wayne held 41 WLA scoring and faceoff records and shared four others - today he still holds 26 of those records. Goss won six Mann Cup titles in seven attempts.

This \$1,000 scholarship is awarded to a person with a broad spectrum of the following categories including players, referees, coaches, team management, association executive and club executive. The person(s) selected must show a high standard of ability in his/her particular area of participation; possess strong leadership potential; have demonstrated good character, a sense of citizenship, and have a

history of participation in school and community activities. The person selected should have taken part in a community lacrosse member association's program and have indicated a desire to remain in lacrosse upon completion of his/her education.

Ted Fridge Scholarship - Ted Fridge was a school teacher by profession with a penache for sports, especially lacrosse. Ted's involvement began in Port Coquitlam as his two boys, Tom and Daren started to play for the Saints when he volunteered as coach and executive member. He joined the Adanac family in the 90's, then in 1994 served as GM of the Burrards senior club that shifted its franchise from Vancouver to Surrey and later to Maple Ridge. Fridge was a pioneer developing field lacrosse in the lower mainland in the 1980's. He spent countless weekends managing the Adanacs men's team as well as being commissioner of Senior Men's Field Lacrosse League. Fridge was inducted into the Canadian Lacrosse Hall of Fame in 2009.

To be considered for the \$500 scholarship, a candidate for the Ted Fridge Scholarship Fund must be an person currently registered with the BCLA as a Field Lacrosse player, coach, referee/umpire, executive committee member or other volunteer position; a person who displays sportsmanlike behavior who is regarded as a helpful, upstanding leader with his/her peers; involved in the community; academic standing of A or B average and currently attending Grade 12.

Dorothy Robertson Memorial Bursary -Dorothy Robertson was the face of the BC Lacrosse Association in the early years, serving in almost every capacity possible. She was part of the BCLA from the 1960's into the 1990's, doing everything in the name of lacrosse. In 1996, the Dorothy Robertson Memorial Trophy is dedicated and annually awarded to Western Lacrosse Association Coach of the Year. Dorothy was inducted into the Canadian Lacrosse Hall of Fame in the Builder category in 1991. The Dorothy Robertson Memorial Bursary celebrates Women in Lacrosse. To apply for this \$500.00 bursary, one must be a 16-years or older involved in lacrosse as a player, coach, official and/or volunteer; has shown enthusiasm for lacrosse, exhibits sportsmanship, promotes the sport in her community and has shown a strong commitment to the game of Lacrosse.

Rule Changes for 2015 Box Lacrosse Season

By: Andy Watson, Level 5 CLA Box Lacrosse Referee and CLA Clinician

The Canadian Lacrosse Association's new rulebook is now published and member associations are following rule changes for the goaltender to fix the equipment. Further clarity has also been provided that hockey goaltender pants are not legal for lacrosse. Goaltender pants must be CLA approved goalie pants with a CLA sticker for the appropriate age as out-

All scholarship/bursary applications must be received by Thursday, June 11, 2015, by 4:30 PM. Those wishing to apply for a scholarship/ bursary in any category will do so by using the Application Forms on the BCLA website. After careful completion of the application form, the need for references and the verification of registration, applicants must submit the form and supporting documentation to the BCLA Office, Attention: BCLA Scholarship Committee by the deadline date. The scholarship/ bursary winners will be announced no later than August 31, 2015, and all applicants will be notified.

New in 2013, the scholarships and bursary are registered as programs within the National Sport Trust Fund (NSTF). Individuals or companies making contributions of \$25 or more toward one of these programs will receive a tax deductible charitable receipt. Following is the process for making a donation to one of these three scholarship/bursary programs:

1) The donation cheque must be written to THE NATIONAL SPORT TRUST FUND.

2) On the cheque in the Memo section at the bottom of the cheque, it must say BC Lacrosse Association - with the Name and Number of the Project. The name of the Scholarship/Bursary should also appear.

Wayne Goss Scholarship - Program #268 Dorothy Robertson Memorial Bursary -Program #266

Ted Fridge Scholarship - Program #267

3) The person making the donation cannot receive any benefit from this except for a tax deductible receipt. If you have a donation, you would give (send) it to Rochelle Winterton at the BCLA Office, #101 - 7382 Winston Street, Burnaby V5A 2G9, and it will be sent on to the National Sport Trust Fund for processing.

For more information or questions, please email info@bclacrosse.com.

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DATE		AWAY	HOME	LOCATION
Apr	24	Langley	Port Coquitlam	PoCo Rec Cen
Apr	25	Burnaby	Delta	Ladner Leisure
Apr	26	New Westminster	Victoria	Q Centre
Apr	26	Nanaimo	Coquitlam	Coquitlam Spo
Apr	26	Port Coquitlam	Burnaby	Bill Copeland A
May	1	Langley	Burnaby	Bill Copeland A
May	2	Delta	Nanaimo	Frank Crane A
May	2	Port Coquitlam	Victoria	Q Centre
May	3	Nanaimo	New Westminster	Queens Park A
May	3	Victoria	Coquitlam	Coquitlam Spo
May	5	Delta	New Westminster	Queens Park A
May	7	Port Coquitlam	Langley	Langley Events
May	9	Langley	Victoria	Q Centre
May	9	Burnaby	Nanaimo	Frank Crane A
May	9	Port Coquitlam	Delta	Ladner Leisure
May	10	Delta	Victoria	Q Centre
May	10	Coquitlam	Burnaby	Bill Copeland A
May	12	Coquitlam	New Westminster	Queens Park A
May	13	Langley	Coquitlam	Coguitlam Spo
May	14	Burnaby	Langley	Langley Events
May	15	New Westminster	Port Coquitlam	PoCo Rec Cen
May	16	Port Coquitlam	Nanaimo	Frank Crane A
May	17	Delta	Burnaby	Bill Copeland A
May	17	Victoria	Langley	Langley Events
May	19	Victoria	Nanaimo	Frank Crane A
May	19	Langley	New Westminster	Queens Park A
May	20	Burnaby	Coguitlam	Coquitlam Spo
May	22	Delta	Port Coquitlam	PoCo Rec Cen
May	23	Burnaby	Victoria	Q Centre
May	23	Coquitlam	Delta	Ladner Leisure
May	24	Nanaimo	Port Coquitlam	PoCo Rec Cen
May	24	Victoria	Coquitlam	Coquitlam Spo
May	26	New Westminster	Langley	Langley Events
May	27	Delta	Coquitlam	Coquitlam Spo
May	29	Burnaby	Port Coquitlam	PoCo Rec Cen
May	30	New Westminster	Victoria	Q Centre
May	30	Langley	Delta	Ladner Leisure
May	31	Victoria	Burnaby	Bill Copeland A
May	31	Delta	Nanaimo	Nanaimo Ice C
Jun	2	Burnaby	New Westminster	Queens Park A
Jun	3	Langley	Coquitlam	Coquitlam Spo
Jun	4	Delta	Langley	Langley Events
Jun	5	Coquitlam	Port Coquitlam	PoCo Rec Cen
Jun	6	Victoria	Delta	Ladner Leisure
Jun	6	New Westminster	Nanaimo	Nanaimo Ice C
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	10	New Westminster	Coquitlam	Coquitlam Spo
Jun	12		Langley Bort Cognition	Langley Events
Jun		Delta	Port Coquitlam	PoCo Rec Cen
Jun	13	Coquitlam	Nanaimo	Frank Crane A

BCJALL 2015 Regular Season Schedule ntre e Centre

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upcoming 2015 box season.

Elbowing no longer has an option to be a minor penalty and is now a five-minute major penalty (Rule 42). The rule now reads: "A major penalty shall be assessed to any player who uses his/her elbow to foul an opponent or who uses his/her elbow to foul an opponent above the shoulders."

Fighting (Rule 45). More clarity has been provided on the issuing of multiple game misconducts and the definition of a clear instigator. More clarity has also been provided on serving of goalkeeper penalties by players on the floor at the time of the infraction.

Goaltender Equipment (Rule 12). All examinations of goaltender equipment that are found to be illegal will now result in a five minute major penalty and opportunity for the lined in Appendix A of the rulebook.

Ball Out of Bounds (Rule 31). A ball going off the goalie or off the post or crossbar and out of bounds will go to the offensive team. In the past, a ball off the post or crossbar and out of bounds would go to the goalie - this now changes. The exception to this is a ball hitting the goalie's mask and going out of bounds in minor lacrosse - in this case the ball would go back to the goaltender (as per Rule 31a).

The full CLA rulebook is available through www.lacrosse.ca under the officials tab

at: https://secure.pointstreaksites.com/files/uploaded_documents/2253/2015_BOX_rule_&_ situation_handbook_FINAL_-_Website.pdf

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Ju	un 14	Langley	Burnaby	Bill Copeland Arena
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Ju	un 18	Port Coquitlam	Langley	Langley Events Centre
Ju	un 19	New Westminster	Port Coquitlam	PoCo Rec Centre
Ju	un 20	Victoria	Delta	Ladner Arena
Ju	un 20	Langley	Nanaimo	Frank Crane Arena
Ju	un 21	Nanaimo	Burnaby	Bill Copeland Arena
Ju	un 21	Coquitlam	Victoria	Q Centre
Ju	un 23	Burnaby	New Westminster	Queens Park Arena
Ju	un 24	Nanaimo	Delta	Ladner Leisure Centre
Ju	un 25	Coquitlam	Langley	Langley Events Centre
Ju	un 26	Coquitlam	Port Coquitlam	PoCo Rec Centre
Ju	un 27	Nanaimo	Port Coquitlam	PoCo Rec Centre
Ju	un 27	Langley	Victoria	Q Centre
Ju	un 27	New Westminster	Delta	Ladner Leisure Centre
Ju	un 28	Victoria	Burnaby	Bill Copeland Arena
Ju	un 28	Nanaimo	New Westminster	Queens Park Arena
Ju	un 30	Delta	New Westminster	Queens Park Arena
Ju	un 30	Nanaimo	Victoria	Q Centre
Ju	ul 1	Burnaby	Coquitlam	Coquitlam Sports Centr
Ju	ul 2	Delta	Langley	Q Centre
Ju	ul 3	New Westminster	Coquitlam	Coquitlam Sports Centr
Ju	ul 4	Burnaby	Nanaimo	Frank Crane Arena
Ju	ul 4	Port Coquitlam	Victoria	Q Centre
Ju	ul 4	Coquitlam	Delta	Ladner Leisure Centre
Ju	ul 5	Victoria	Port Coquitlam	PoCo Rec Centre
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Coaching Certification FAQ's

By: Dave Showers & LacrosseTalk Staff

The BCLA has experienced almost every coaching scenario and question over years when assisting our coaches with the coaching certification program. Through considerable work, we are the leaders in Canada managing our coaches in reaching their certification goals and train our coaches to be the best coaches possible. We'd like to share some of the questions we've been asked in order to assist coaches and aspiring coaches, and offer some answers to help you along the way.

Q: If I coach other sports, does that certification transfer to lacrosse?

A: No, lacrosse is lacrosse. Whether it is hockey, soccer, football – all are different sports and require different training. Box, Men's Field or Women's Field are all different disciplines and also require different training courses.

Q: How do I sign up for a course?

A: You will find the Coaching Clinic schedule on the BCLA website. Once you see a clinic that you would like to attend, let your local Coaching Coordinator know so that he/she can register you. Once this happens, you will be emailed an Access Code with further instructions from Dave Showers, BCLA Technical Director.

Q: Do I pay the \$15 fee that the online site asks for when registering?

A: NO, the Access Code, which is emailed to you, is used instead of the \$15. The BCLA pays the CLA for each Access Code.

Q: What if my Access Code is already used?

A: Email the BCLA Technical Director and he will look into why it's not working.

Q: Do I need an Access Code if I have already taken a course in the past?

A: If you have already signed up through the nccp.lacrosse.ca webpage for another course,

then you will continue using that login and password you've created.

Q: As a new coach, what do I need to complete before attending my first coaches clinic?

A: All coaches, once registering with the Access Code, must complete an online preassessment course, which includes 5 modules with questions.

Q: What do I need to bring with me to a clinic?

A: Bring a pen and some paper, bring a lacrosse stick and something comfortable to wear (no jeans), as you will move around the gym floor, practicing and learning some skills and drills.

Q: If I was an old coach that was correctly certified in the 80's or 90's, what do I need to do today to update my certification?

A: The old certification program is different from the present day program which follows the Long Term Athlete Development (LTAD). It is best to email your name, address and phone number to the BCLA Technical Director for further research.

Q: How do I get my NCCP Number?

A: Visit online at www.nccp.coach.ca and click on 'Look Up My NCCP#'. It will prompt you to enter your email address. If the address on file isn't current, then, email your name, address and phone number to the BCLA Technical Director for further research.

Q: If I'm a Junior A Box player and have never coached or taken a Box clinic before, do I require taking a coaches clinic course?

A: If you have played or currently played at the Junior A or higher level of Box lacrosse, then you are eligible to challenge the Community Development (Level 1) Box Lacrosse course. First you must contact the Coaching Coordinator of your local association, and then submit a playing/



Think fresh. Eat fresh.**

SUBWAY[®] BCLA 2015 Box Lacrosse Provincial Championships

BOX LACROSSE PROVINCIALS

Female - Port Coquitlam July 8-12, 2015

Pee Wee - Ridge Meadows July 8-12, 2015



Only Certified Lacrosse coaches require annual professional development training.

coaching resume, along with your contact information, to the BCLA Technical Director.

How to Challenge.....

To Challenge the Box Community Development (Level 1) clinic: The challenge procedure is open to those candidates who meet the minimum standard listed in this bulletin. The minimum standard for challenging the Community – Development Training & Evaluation is: Certified in another sport as a coach & has played Box Lacrosse at Midget (U17 level or above, or has completed the Multi-Sport part A & B training and has played Box Lacrosse at the Midget (U17) level or above, or has played Box Lacrosse at a competitive Junior level or above.

Q: If I'm an Under 19 and/or Senior Field player and have never coached or taken a Field clinic before, do I require taking a coaches clinic course?

A: You are eligible to Challenge the Community Development (Level 1) course for Men's or Women's Field Lacrosse. First you must contact your Coaching Coordinator of your local association, and then submit a playing/coaching resume, along with your contact information, to the BCLA Technical Director.

To Challenge the Men's Field Community Development (Level 1) clinic: The challenge procedure is open to those candidates who meet the minimum standard listed in this bulletin. The minimum standard for challenging the Community – Development Training & Evaluation is: Certified in another sport as a coach & has played Men's Field Lacrosse at the U19 level or above, or has completed the Multi-Sport part A & B training & has played Men's Field Lacrosse at the U19 level or above, or has played Men's Field Lacrosse at a competitive level (NCAA or National Team).

To Challenge the Women's Field CMD: The challenge procedure is open to those candidates who meet the minimum standard listed in this bulletin. The minimum standard for challenging the Community – Development Training & Evaluation is: Certified in another sport as a coach & has played Women's Field Lacrosse at the U19 level or above, or has completed the Multi-Sport

part A & B training & has played Women's Field

Lacrosse at the U19 level or above, or has played

Women's Field Lacrosse at a competitive level

A: All candidates must attend a 1.5 day clinic, satisfactorily complete the online workbook and successfully complete the online concussion training module.

Q: How long do I get to complete my workbook?

A: The CLA allows a year to complete the workbook, but the BCLA will be changing that rule to make it until the end of the current playing season.

Q: How long are the workbooks?

A: The Community Development workbook should only take about an hour to complete, as most questions can be answered through personal experiences. The Competitive Introduction workbook will take longer as it is more in-depth.

Q: What training do I require as a coach for athletes from Mini-Tyke to Pee Wee?

A: Coaches and Assistant Coaches from the Mini-Tyke – Pee Wee division, must be TRAINED or being trained, during the current season, Community Development (CMD) – Level 1 Coaches. This means that they've taken the CMD course and completed the online workbook.

Q: What training do I require as a coach for athletes from Bantam to Senior?

A: Coaches and Assistant Coached from Bantam to the Senior division, must be TRAINED Competitive Introduction (CPI) – Level 2 Coaches. This means that they've already been TRAINED at the CMD level and are now trained or being trained at the CPI level (clinic, workbook and Concussion Training completed).

Q: What is required to be correctly trained if a coach wants to coach at the Bantam level or above, but has not taken any Coaching Course?

A: Coaches in this scenario are expected to take the Community Development (CMD or Level1) clinic during the current season, and then take the CPI clinic the following season, as the CLA doesn't expect coaches to take two clinics in one season (quite a bit of work and time).

O: What is the difference between Certified

Bantam - Kelowna July 15-19, 2015

Midget - Prince George July 23-26, 2015

For schedules and additional information visit

www.bclacrosse.com









Q. What happens if my Challenge is successful?A. You will not need to attend a course, but you will need to complete the required online

(NCAA or National Team)

workbook. You will be mailed out a Coaching Manual, which you will use to help you through the workbook.

Q: What requirements are necessary to be a fully trained Community Development (CMD or Level 1) coach?

A: All candidates must attend a clinic and satisfactorily complete the online workbook.

Q: What requirements are necessary to be a fully trained Competitive Introduction (CPI or Level 2) coach?

and Trained for coaches?

A: Coaches need to be CERTIFIED, only when they are coaching or wanting to coach at a National Level (Team BC, Mann Cup, Minto Cup, Presidents Cup, Founders Cup, Victory/ Ross Cup, First Nations/Alumni Cup). This requires a coach to be TRAINED at the CPI Level + complete the Online Ethics Course + In-Person Evaluation.

Q: Do door personnel only require taking the online Door Personnel training test?

A: Anyone helping on the door for Mini Tyke to Novice Divisions must take the online Door Personnel training test, which is good for two years. But NEW in 2015, door personnel in Pee Wee to Senior Divisions must be a TRAINED Community Development Coach (CMD clinic + Workbook).







SUBWAY® BCLA 2015 Youth Field Provincial Results



Under 19 Tier 1 Gold - Port Coquitlam Saints



Under 16 Tier 1 Gold - Coquitlam Adanacs



Under 14 Tier 1 Gold - Coquitlam Adanacs



Under 12 Tier 1 Gold - Coquitlam Adanacs



Under 19 Tier 2 Gold - Coquitlam Adanacs 1

By: LacrosseTalk Staff

The SUBWAY® BCLA U19 Tier 1 & 2 Men's Field Lacrosse Provincial Championships took place February 7-9 at the Willoughby Sports Complex in Langley. Nine teams from the Lower Mainland and Vancouver Island competed in the 3 day event.

In Tier 1 action, the Port Coquitlam Saints scored a late goal to defeat the Langley Thunder 10-9 to take home gold. In the bronze medal game, Delta Footmen outlasted New Westminster 13-12. In the Tier 2 gold game, the Adanacs 1 team redeemed themselves by winning 13-8 over the Mission Mud Dawgs after a 7-7 draw in the round robin. Surrey Warriors handed the Nanaimo Raiders a 15-9 to capture bronze.

The Warrior Sports Canada Most Valuable Player award selections were: Ty Goff (Under 19 Tier 1 – Port Coquitlam Saints) and Gordy Bowden (Under 19 Tier 2 – Coquitlam Adanacs 1). The Warrior Fair Play coach selections were Rich Cambrey (U19 Tier 1-Coquitlam Adanacs 2) and Fred Wilson (U19 Tier 2-Surrey Rebels). The overall Warrior Fair Play Officials were Rory Helgesen and Rob Cook.



Under 16 Tier 2 Gold - Richmond Roadrunners

The SUBWAY® Team Sportsmanship award went to the Under 19 Tier

1 Adanacs 2 team and the BCLA Volunteer Award recipient was Kellie Ohlmann.

The SUBWAY ® BCLA U16/14/12 Tier 1 and 2 Field Lacrosse Provincial Championships took place February 20-22 at the Burnaby Lake Sports Complex West in Burnaby. Fortyeight teams from Vancouver Island, Lower Mainland and Interior competed for Tier 1 and 2 youth Field Lacrosse supremacy in the Under 12, 14 and 16 age groups.

The lacrosse gods shone on us with unseasonably warm and sunny weather for the entire event. The attendance was brisk as volunteers recognized busier parking lots with many families and fans taking in the games.

In the Under 16 Tier 1 gold game, the Adanacs continued their winning ways with a 10-4 victory over Langley, while New Westminster beat Ridge 10-3 for bronze. U16 Tier 2 was much closer as Richmond managed a 9-5 win over Mission, while Ridge #2 went to overtime to defeat Mid Island 11-10 for the bronze. The



Under 14 Tier 2 Gold - Penticton Heat

Tier 2 Richmond Roadrunners took gold with a 9-5 win over Mission,

while Ridge #2 was victorious as they defeated Mid Island 11-10 in OT.

The U14 Tier 1 Adanacs won a lopsided 16-4 win over the Ridge Meadows for the gold medal, while Mission Mud Dawgs outlasted the Victoria Titans 9-5 for the bronze. In Tier 2 action, things were much closer, as the Penticton Heat edged Richmond 7-6 for the title, while Mid Island took bronze with a 12-11 decision over Adanacs #2.

The Adanacs took their third gold medal of the tournament, as the U12 Tier 1 Adanac squad beat New Westminster 8-6 to win gold. Ridge Meadows handed the Surrey Warriors a 7-4 defeat for the bronze. In the U12 Tier 2 tournament, Mid Island doubled Ridge Meadows #3 4-2, while Ridge #2 won a lopsided 16-2 victory over Surrey for the bronze.

The Warrior Sports Canada Most Valuable Player award selections were: Parker Johnson (Under 16 Tier 1-New Westminster), Nathan McKeigan (Under 16 Tier 2-Mission), Colton



Under 12 Tier 2 Gold - Mid Island Lightning

Caron (Under 14 Tier 1-Mission), Beau Chetner (Under 14 Tier 2-Penticton), Carter Clark (Under 12 Tier 1-Adanacs) and Patrick Wong (Under 12 Tier 2-Mid Island). The SUBWAY® Team Sportsmanship awards went to the Kamloops U12 team, Mission U14 team and Ridge Meadows #2 U16 team. The BCLA Volunteer Award recipients were Mary Clare and Jodi Johnson.

The Warrior Fair Play coach selections were: Sean Walmsley (Under 16 Tier 1-Victoria), Harpreet Grewal (Under 16 Tier 2-Mission), Harpreet Grewal (Under 14 Tier 1-Mission), Paul Kozevnikov (Under 14 Tier 2-Langley), Jordan Lucovic (Under 12 Tier 1-Richmond) and Marc Downey (Under 12 Tier 2-Ridge Meadows). The overall Warrior Fair Play Officials were Andy Watson and Frank Darby.

Thank you to all the sponsors, partners and volunteers that made it all happen! Special thanks to: Title Sponsor SUBWAY ® Restaurants of BC, Warrior Sports Canada, Firstar Sports Inc., Sports Action Pictures and Silver Ridge Promotions. Thank you to the many volunteers who carry on the SPIRIT of Lacrosse and offer so much of their free time to make the Provincial experience that much more special.

Women's Field Lacrosse Invitational Results

By: LacrosseTalk Staff

The Women's Under 12 & 15 Field Lacrosse Invitational took place alongside the SUBWAY (B) BCLA U19 Tier 1 & 2 Men's Field Lacrosse Provincial Championships February 7-9 at the Willoughby Sports Complex in Langley. Eleven teams from the Lower Mainland competed in the 3 day event.

In the U15 Women's gold game, Ridge Meadows needed overtime to defeat New Westminster 7-5, while in the bronze match, Port Coquitlam handily defeated the Adanacs 12-5. The U12 Surrey Warriors outmatched the New Westminster ladies 4-3 for the gold medal, while Ridge Meadows beat the Adanacs 5-3 for bronze.



Women's U12 Gold - Surrey





Women's U15 Gold - Ridge Meadows



Zebras Earned Their Stripes

So Can You! Become a BC Lacrosse Referee



The Warrior Sports Canada Most Valuable Player award selections were: Jenay Rennie (Under 12 – New Westminster) and Andreea Serbanescu (Under 15 – New Westminster). The Warrior Fair Play coach selections were Doug Sweeney (Under 12 – New Westminster) and Alexis Maddaloni (U15 – Adanacs). The overall Warrior Fair Play Officials were Courtney Lund-Murray and Nikita Bagg. The SUBWAY® Team Sportsmanship award went to the Under 12 Langley team.

Thank you to all the volunteers who worked hard to make this event a success.

Women's U12 Silver - New Westminster



Women's U15 Silver - New Westminster



Women's U12 Bronze - Ridge Meadows



Women's U15 Bronze - Port Coquitlam



Contact the BCLA at 604-421-9755 or Email info@bclacrosse.com

SFU Grinds out 2015

By: LacrosseTalk Staff

The SFU Men's lacrosse team is near the end of the 2015 season and has had a tough grind through this campaign with countless injuries to key players. Injuries are part of the game, but when they decimate a roster it becomes an uphill battle to compete.

At 5-0 in the PNCLL and 7-6 on the season, this has been one of the most challenging seasons on record. Starting the pre-season at #12 in the MCLA polls, the Clan has slipped to #25 (as of April 7). A strong finish to this season could vault them into the MCLA tournament, but likely a PNCLL title will punch their ticket to Nationals.

The perfect 5-0 PNCLL conference record may be overshadowed by the six out-of-conference losses versus top ranked teams in Sonoma State (#15), Chapman (#4), Arizona (#5), Cal Poly (#8), Colorado State (#11) and BYU (#2).

With a promising start of the season, the Clan went 5-1 overall with their only loss to Sonoma State (11-7) on the road. Three PNCLL conference wins over Boise State (16-

15), Washington State (13-7) and Idaho (18-11) had the Clan on the right track.

> The train quickly came off the rails during the Arizona road trip

losing three straight to Arizona, Colorado State and Chapman with a cumulative score of 41-15. Out of conference games are important in overall rankings and victories against these opponents tend to result in consideration for an at large bid to the MCLA tournament.

SFU retooled and kept their perfect PNCLL record intact with big victories over Washington (13-8) and rival Oregon (10-7), only to be dumped 19-5 to Cal Poly.

On the final road trip of the season, SFU split their games, as they lost 20-9 to BYU and then turned in a 20-0 shutout versus Utah at the start of April.

The Clan's offense is a mix of veterans with some new talent. Leading the way for the Clan is junior midfield Sam Clare (37G + 12A) and freshman attack Greg Lunde (26G + 23A). On defense, team captain Bayne Bosquet anchors the team defense with 54 ground balls, while

freshman LSM Al Vido leads all Clan teammates with 82 ground balls.

SFU is back-stopped by starting sophomore goaltender Jeremy Lashar who has played every minute of the 2015 schedule thus far. In twelve games, he's al-

lowed 150 goals, saved 198 shots for a .569 save percentage and goals against average of 14.14 per game.

The Clan's offense is a mix of veterans with freshman attack Greg Lunde (28G + 25A). On defense, team captain Bayne Bosquet anchors the team defense with 57 ground balls while freshman LSM AL Vido leads all Clan teammates with 88 ground balls.

SFU is back-stopped by starting sophomore goaltender Jeremy Lashar who has played



SFU's Sam Clare seen here in action versus UW. The Clan have slipped to a #25 ranking.

> every minute of the 2015 schedule thus far. In twelve games, he's allowed 160 goals, saved 214 shots for a .572 save percentage and goals against average of 14.27 per game.

At press time, the Clan dropped a 10-9 battle to Oregon State and will round out the schedule with a home game versus Montana, Sunday, April 26 at 12:00 noon at the SFU campus. The Clan look to climb back on top again and pave its way to the MCLA National tournament, but their only chance of doing so in 2015 is with a conference championship at the PNCLL Final Four in May.

Aboriginal Development



Aboriginal Developers Bryan Baxter & Naomi Walser teach lacrosse to youngsters.

By: LacrosseTalk Staff

The BC Lacrosse Association continues the quest of lacrosse development in Aboriginal communities, across BC. The BCLA, in partnership with the Aboriginal Sport, Recreation and Physical Activity Partners Council (ASRPAPC) and with the assistance of Warrior Sports Canada, continues to spread the lacrosse knowledge to these communities while introducing more young students to the great game of lacrosse.

Aboriginal development took on a new twist this year. It was decided to introduce a pilot project that would target three Spirit Lacrosse Programs in three different communities in Chilliwack, Merritt/Kamloops and the Cowichan Valley.

BCLA Aboriginal Developer, Bryan Baxter, embarked on trips to various communities, to deliver Aboriginal Development Programs with assistance from each host community.

recommend the program for an initiation to lacrosse for youth under the age of Pee Wee."

School visits resulted in each of the targeted areas, along with Coaching Clinics, to develop First Nations coaches to help facilitate the program. Schools were visited with the target audience in each school being students aged 5-9 years. These First Nations students were all invited to attend camps, which took place through January.

From the initial sessions, lead coaches were identified in each community -- Lisa Douglas in Chilliwack. Bernard Manuel in Merritt and Bryan Baxter and Naomi Walser took the reins in Cowichan Valley.

The camps included one hour sessions, once or twice a week. They were conducted in each area and had between 14 and 20 students participate in each session in each of the areas. At the conclusion of each of the camps, students were each presented with a Warrior lacrosse stick and ball, as well as, a t-shirt and lunch bag in recognition of their participation in the inaugural Spirit Lacrosse Program

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some new talent. Leading the way for the Clan is junior midfield Sam Clare (38G + 12A) and

The concept included inviting First Nations athletes in Grades Kindergarten to Grade 3 to weekly sessions of lacrosse instruction. The instruction included fundamental movement skills, along with the traditional lacrosse skills (passing, catching, scooping, cradling and shooting). The format follows the Canadian Lacrosse Association Lacrosse FITS Program Module 1, with assistance and design by instructors Kylo Harris and Dave Little.

"The Lacrosse FITS Program is an excellent program to use for this type of introductory program as it uses both lacrosse skills and fundamental movement skills for the athletes," explained Bryan Baxter. "I would highly

It is hoped in the future to have many of these students participate in an all Native Lacrosse Tournament in the province of BC. Next steps though will be to get the other regions of the province involved in the Spirit Lacrosse Program and grow the game in the First Nations Communities throughout the province.

"To be able to work with the Aboriginal youth outside the school setting has been a most rewarding experience," said Baxter. "The ability to watch them grow in their abilities has been incredible."







Tournaments Retailers * FundRaisers* Camps*

Team BC Field Teams Set for 2015

By: LacrosseTalk Staff

The Team BC Field Program has taken the path to build consistency in developing athletes and team philosophies for 2015. Of the six Team BC Field teams (Men's; U13, U15 and U18, Women's Freshman, Sophomore and Senior), to date, four teams will return with their head coaches from 2014.

The Team BC U18 and U15 Field teams started the player identification process in November, while the Women's teams had over 80 athletes compete for positions on three teams. Team BC Field Technical Co-ordinator, Reynold Comeault has returned most of his coaching staffs in order to build cohesion from a year together training and learning game systems.

"I'm very excited about the coaching staffs that we have in place for all teams," said Reynold Comeault.

Second year U18 Head Coach Ian Poole wants nothing more than another crack at Ontario to prove their gold in 2014 was no fluke. Joining Poole is Port Coquitlam's Richard Lachlan and Reynold Comeault. This is the first year of U18 teams competing for the First Nations Trophy, after the age change (from U19 to U18) at the 2014 CLA AGM.

"It was a tough selection process with a lot of difficult decisions, but I feel that we came up with a very strong team," stated Head Coach Ian Poole.

Some very good athletes graduated out of the program last year. Even though over half the U18 roster is new, they have plenty of Team BC experience and have been in the system for up to 4 years. Poole will be looking to some key returning players to lead his team. As with most teams, defense win championships and this team will rely heavily on the defensive leadership.

"Our strength will be in our defense where we are very athletic and skilled -- we have the ability to create a lot offense through fast breaks," noted Poole. "Our midfield is stacked with speed and we will look to push the ball in transition. We will look to everyone to contribute and if we work hard and play physical, smart lacrosse, we will succeed."

After three straight Team BC U16 (now U15) titles, Ontario retooled and fielded their best team in five years – the result, an Ontario one-sided 2014 Alumni Cup victory. Bryan Poole's Team BC crew learned from that loss and is ready to get back to National prominence.

Poole returns for his third stint with Team BC after his first term as U16 coach. Robert Morris grad, Richard Cambrey, will be the defensive coordinator and Matt Levesque, will work with the midfield and goalies.

"This is a team littered with speed, size and talent; we are very solid in goal having two outstanding guys competing between the pipes," said Coach Bryan Poole. "Our defensive unit is a good mix of size, speed, and grit -- our goal is to use our strengths to pressure other teams and dictate the game. On the offensive end, we have some very versatile young men, a real diverse group -- some small and shifty, others that are big, fast and strong. One thing they all have in common is that they all have shown a little edge and swagger."

"This is a new group, new stakes, and something to prove," stated Coach Poole.

Team BC's Reynold Comeault see's nothing put good things for the futures of all Team BC athletes. Many of these athletes are driven and look to take their skills and play in a college program one day.

"We continue to see Team BC alumni make solid contributions to their college lacrosse teams in all NCAA and Canadian University leagues," said Comeault. "The current NCAA Division 1 season has three Team BC Alumni in Jesse King, Wesley Berg and Challen Rogers named as Teewaarton candidates, an honour bestowed upon the best college lacrosse player of the year."

The 2015 U18 and U15 Men's Field Lacrosse Nationals will take place August 28-30 in Halifax.

After successful recruiting tournaments in Florida and California, the 2014-15 Team BC Women's Field Lacrosse program has interested many BC athletes moving forward. The great news of three Team BC athletes/alumni making the U19 Junior Women's National team (Lasota, Kinna & Stroup) may be a catalyst for these athletes that they too could have a shot one day at wearing the red and white for Team Canada.

In 2014, 70 plus athletes attended the Team BC Women's Field Lacrosse tryout camps -- in 2015, the camp numbers increased to over 80 participants and the program will once again field Senior, Sophomore and Freshman squads.

Team BC Field Program Coordinator, Reynold Comeault and Head Coach Dan Stroup ran the 80 plus female athletes through drills and scrimmages to identify athletes at the Team BC tryout camp March 1-2, 2015. This year's Team BC Women's Field Lacrosse evaluation camp was an overwhelming success from several perspectives.

"Team BC Women's Field Lacrosse continues to develop in both the number of interested players, as well as, the calibre of the female athletes that are participating in college programs for our province," explained Comeault. "From our 2014 graduating senior women players, each one of them had college offers to play lacrosse."

Since most athletes compete in Box Lacrosse, the girls have adapted their skills and are succeeding at the Women's Field Lacrosse discipline and becoming more accustomed to the nuances of the outdoor game.



The coaching staffs were named at the start of April with Fred Jenner (Freshman) and Dan

Stroup (Senior) returning as head coaches – new comer, Mike Kinna, who has been a part of the development of many of these athletes, takes the reigns for the Sophomore team.

After three seasons of competing at recruiting tournaments, Team BC knows where to improve in order to take the step with the athletes.

"Team BC girls will focus on fitness, stick skills and our fast pace style of play, during our training sessions," mentioned Coach Dan Stroup. "At the tournaments we want to showcase our athleticism and our hybrid style of play while incorporating our box skills with our field skills."

"It's a big step from the Freshman to Sophomore programs and we need to continually build on the foundation skills and cement these in their repertoire," said Sophomore Coach Mike Kinna. "We have a group of strong athletic girls and now need to develop that skill into a cohesive team concept."

"Our focus this year will be team speed," said Freshman coach Fred Jenner. "We know we have the stick skills and goal awareness to compete, but we will need to focus on our ball pursuit, team defense and the ability to push the ball up the field after turnovers. We like the group of girls this year -- they are all anxious to get playing together and show us why they made the team."

Under the direction of Team BC Program Head Coach, Dan Stroup, the three women's teams have fine-tuned a hybrid brand of lacrosse influenced by the fast paced offensive style of Canadian Box Lacrosse, combined with the high pressure defensive systems. A combination that will surely turn many heads in the years to come!





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Team BC Box Teams Gear up for 2015 Nationals

By: LacrosseTalk Staff

The 2015 Team BC Box Lacrosse programs get underway this Spring with the athlete identification process in May. Both Men's and Women's Field Lacrosse teams have been selected and are preparing for competitions. After all camps are complete, nearly 1000 Box

and Field athletes will have been identified from regions around the province for Team BC programs.

Four National Championship titles were won in 2014 -- Female Midget, Female Bantam and Midget boy's Box teams as well as the U19 Men's Field team won golds. All Team BC teams performed well and were worthy of their medal finishes - Pee Wee, Bantam boy's Box and U16 Field teams were handed silvers. while the Female Junior team took bronze.

The 2015 Team BC Box program consists of six teams -- Boys Box: Pee Wee, Bantam and Midget; Female Box Bantam, Midget and Juniors. The final main Box camps for each of the teams will be: Pee Wee (May 15-17); Bantam (May 8-10); Midget (May 29-31); and all Female (May 22-24). Check the BCLA website for up to date camp information.

"Team BC continues to offer athletes a high level of high performance training with very knowledgeable coaches," mentioned Team BC Box Technical Co-ordinator Darcy Rhodes. "No matter if the athletes make a Team BC squad, the transfer of skill and game knowledge will benefit these athletes and teammates in their home communities."

The 2014 Female Midgets and Bantams won gold medals and will surely build on those successes. Past National experience is important when building a team. New Female Bantam Head Coach, Geordie Dean, will be up for the task to instill a competitive edge with the Bantams to continue their winning ways. Dean, a Hall of Famer and a 2014 assistant coach with this squad, is very familiar with the athletes, but looks to take the next step in constructing a new and improved Bantam team.

"We'll be looking for athletic, skilled players that have plenty of lacrosse IQ," stated Coach Dean. "We are stressing an overall team concept to play well as a group. Our players will need to be creative on offense and keep our opponents on their toes, while our defense will be a hard working group that will be difficult to play against."

Blair Bradley returns to the Female Juniors after being an assistant coach with the 2014 Female Bantam gold medal team. Bradley wants nothing more than to prepare the best squad possible and recapture a position in the gold medal game. He's been busy planning his team make-up to not just get back on the podium, but to win!

"The formula for building a successful squad is having a great mix of role players full of speed and great lacrosse minds," noted Female Midget Head Coach Dan Stroup. "Our goal is nothing less than to win the National title. '



Smith. Smith is no stranger to Team BC and has Nationals experience from three tournaments - the last being the 2013 Bantam boy's Box "Our goal is team. Smith will be looking for the quickest, strongest nothing less and smartest Midget athletes possible. than to win the Nationals title."

Dan Stroup

"Relentless -- I'm looking to build a team that is relentless," explained Smith. "On offense, on defense, on faceoffs, on every loose ball, on every inch of the floor. I

The Team BC Midgets

will have a new look behind

the bench in Delta's Trevor

am confident that through the players who try out, we will find 20 athletes that will win the National title.

The Team BC Bantams have longtime Salmonbellies player and coach Jason Bishop as bench boss. Bishop was an assistant with this silver medal team in 2014. The Bantams were close to a national title in 2014, but have yet to win the Bantam Commissioner's Trophy since its inception in 2007.

"We will be selecting athletic, smart, fast players for the 2015 team," explained Head Coach Bishop. "We look to build a complete team, but with our Provincials so close to Nationals, fitness will be a major factor. I am a big believer in seeing what kind of team I have before developing systems -- then developing systems to fit the team. Ontario and Iroquois are the teams to beat - we have our work cut out for us."

Gold has eluded the Team BC Pee Wees at Nationals since their 2008 triumph over Ontario. Head Coach Daren Fridge returns with many lessons learned from the 2014 silver finish. He knows a well-rounded team is the only recipe for success.

"I am looking for athletic players with a strong lacrosse IQ that allows them to react and adjust their play when they are faced with a challenge," explained Fridge. "Team Ontario's pressure defense and full-court press regardless of the game situation caused some challenges for our team last year. One of my goals is to put our players in those situations through our camp and during the lead up to the Nationals. We need grinders, defenders and transition players as much as goal scorers."

2015 BCLA **Field Lacrosse Provincials Warrior Fair Play Awards**

U19 Tier 1

Chris Turenne (Adanacs 2) Brad Phillips (Delta) Jake Richardson (Langley) Javier Tudela (New West) Ty Goff (Port Coquitlam)

U16 Tier 1

Jeremy Basic (Adanacs) Bentley Barrados (Delta) Colin Gormley (Langley) Axel Bernoe (New West) Andre Snow (Pacific Rim) Eric Iverson (Port Coquitlam) Daytin Vidovich (Ridge Meadows) Jackson Cousineau (Victoria)

U19 Tier 2

Brody Stroup (Adanacs 1) Tony Corbin (Mission) Jordan Terris (Nanaimo) Dylan Lacroix (Surrey)

U16 Tier 2

Eric Vowles (Adanacs 3) Jake MacLeod (Kelowna) Jacob Taylor (Mid Island) Adam Vetterl (Mission) Jimmy Orr (Nanaimo) Sam Betnar (North Shore) Kieran McKay (Richmond) Ryan Arce (Ridge Meadows)

U15 Women's Invitational

Vittoria Pesunti (Adanacs) Nicole Kuhn (Burnaby) Olivia Ohlmann (Langley) Jessica Soenen (New West) Kristin Caktas (Port Coguitlam) Adriana Guimond (Ridge Meadows)

U14 Tier 1

Luke Benedet (Adanacs 1) Arjan Singh (Delta) Bryce MacKenzie (Mission) Johnny Edin (New West) Shaun Davison (Pacific Rim) Trent Kellner (Port Coquitlam) Austen Cooke (Ridge Meadows) Bryan Toth (Victoria)

<u>U12 Tier 1</u>

Leon Wawryk (Adanacs) Wyatt Jansen (Kamloops) Kieran Isbister (New West) David Little (Port Coquitlam) Jordan Lucovic (Richmond) Cameron Ickert (Ridge Meadows) Chantya Ipsen (Surrey) Matthew Atkinson (Victoria)

<u>U14 Tier 2</u>

Silvano Campesato (Adanacs 2) Justin Tambour (Adanacs 3) Nick Doucet (Delta 2) Ethan Ohlmann (Langley) Derian Thompson (Mid Island) Ty Ricard (Penticton) Jordan Fenske White (Richmond) Cynan Quayle (Victoria 2)

<u>U12 Tier 2</u>

Connor McConville (Adanacs 2) Cole Ursulan (Mid Island) Austin Berry (Mission) Luke Ory (Nanaimo) Owen Johnson (Ridge Mdws 2) Kenneth Derby (Ridge Mdws 3) Gavin Hydes (Surrey) Jaiden Terry (Vancouver)

U12 Women's Invitational

Chelsea Philbrook (Adanacs 2) Ashley Vye (New West) Chayce Cooper (Langley) Shaely Wallace (Ridge Meadows) Tara Reynolds (Surrey)

Fair Play Coaches

U19 T1: Richard Cambrey (Adanacs 2) U16 T1: Sean Walmsley (Victoria) U14 T1: Harpreet Grewal (Mission) U12 T1: Jordan Lucovic (Richmond) Women's Field U12: Doug Sweeney (New West)

Fair Play Coaches U19 T2: Fred Wilson (Surrey)

U16 T2: Hapreet Grewal (Mission) U14 T2: Paul Kozevnikov (Langley) U12 T2: Marc Downey (Ridge) Women's Field U15: Alexis Maddaloni (Adanacs)

Fair Play Officials:

(M) Rory Helgesen & Rob Cook (W) Nikita Bagg & Courtney Lund-Murray Andy Watson & Frank Darby

"The 2015 Junior squad is anticipated to be the highest caliber of talent to ever compete at this level," said Coach Bradley. "Teamwork, sportsmanship and a hard work ethic will be the characteristics of this team. The message at the end of the day will be hard work beats talent when talent neglects to work hard."

Dan Stroup returns after another busy year coaching a variety of Box and Field teams, including a second season with the Colorado Mammoth. His outlook is simple.

All Box teams have lofty and attainable goals to reach for this summer. The beauty of the current head coaches comes with the deep knowledge of the game, knowledge of the athletes, their desire and the smarts in what it takes to compete in the long and grueling Nationals.

"Our Box teams are well-tooled with great leaders and coaches who can prepare a bunch of individuals to compete as ONE," said Team BC Box Technical Co-ordinator Darcy Rhodes. "We expect our athletes to have a great Team BC experience, while forging new friendships amongst teammates and families."

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Lax 4 Life

By: Angie Schwan & LacrosseTalk Staff

Delta Lacrosse hosted their annual Lax-4Life fundraiser on April 11, 2015. The 12 hour lacrosse game took place at Ladner Leisure Centre (LLC) from 8:00AM to 8:00 PM with all funds raised benefiting the Canadian Cancer Society.

With the unfortunate closing of LLC last year, members were unable to host the event in 2014. This year saw a new face on the arena (which the Islanders are excited to be able to play in again), but also a lot of new faces in Delta Lacrosse with the recent merger of the North Delta Hawks and Delta Islanders.

The event duration was one 12 hour game with 30 minute 'shifts'. The players signed up as individuals and were assigned to 'home' or 'away' benches for certain shifts; a mix of players on each bench with older players playing beside younger participants.



Approximately 150 participants took part in the event which included players from North Shore, Surrey and Victoria to help Fight the Fight!

The past three events have raised a combined total of close to \$40,000 - this year, the Islanders raised another \$15,000 plus.

Delta Lacrosse was excited to see so many lacrosse members and community minded supporters take in the event and enjoyed the pres-

Lax 4 Life 12 hour lacrosse game in Delta raised over \$15,000 for cancer research.

ence of Bomber, the Vancouver Stealth mascot (one the Lax 4 Life's event sponsors).

One of Delta's survivors, Ashley Robinson, started the day with the national anthem. The ceremonial faceoff included Jody Pirog and Greg Rennie, in honour of Dave Pirog who lost his battle last year, took the opening faceoff to kick off the event.

Delta Lacrosse would like to thank all volunteers, athletes, coaches and officials that

offered their time and support for this great cause. And of course to all the sponsors and partners who helped make the day even more special. Thank you Delta Lacrosse Association, Hammerberg Lawyers LLP, SunRich Fresh Fruit, Aileen Noguer - RE/Max, Lucky Surf & Skate, Vancouver Stealth, Lawlor's Jewellers, South Side Flooring, Ice Level Sports, Travel Underwriters, RE/Max Pro Group, Fresh Slice Pizza (Tsawwassen), Wagners Cleaners, Lordco Auto Ladner, Messy Dresser Hair Salon, Rose N Crown, WestWorld Tours - donor Kelly Watson, Save on Foods, BC Lacrosse Association, Snow Farms, Cara Thien and Thrifty Foods.

Donations can be made after the event at:

http://convio.cancer.ca/site/TR/IFE_BC/ IFE_BC_?team_id=326530&pg=team&fr_ id=16335#.VSWztvnF-Gc

In Memoriam

Kenner Chisholm. This former Vancouver Burrards executive member and booster passed away February 7, 2015.

Don Craggs, born on January 6, 1933, spent his entire 11-year, 286-game career with Brooklin, with the exception of three games with the 1968 Detroit professional squad. Craggs accumulated 593 points between 1961 and 1973, a span that saw him participate in four Mann Cup series, winning in 1968 and 1969. He was inducted into the Ontario Lacrosse Hall of Fame.

Donald "Nip" O'Hearn, a four-time Mann Cup winner, died January 25, 2015. O'Hearn was born in Halifax on February 14, 1928, but raised in St. Catharines where he excelled in both hockey and lacrosse.

Nip was possibly the youngest player to line up with a professional hockey club. In 1943, at the age of 15, we worked as a rink rat in St. Catharines where the American Hockey League Buffalo Bisons trained. When one of the team's netminders failed to show up, Nip offered and was accepted to fill in. He did so well in exhibition games versus the AHL's Springfield, St. Louis and Montreal Stars teams that Buffalo signed him up and sent him to their farm club in Dallas. Over the next 15 winters,

he tended goal fro teams from Nova Scotia to California.

His summers, however, were spent on the lacrosse floors, first with St. Catharines and later with Peterborough, Victoria and Welland-Crowland. Over a 12-year boxla span, Nip played 334 senior games, racking up 264 goals and 378 assists for 642 points. This included 30 Mann Cup games over six years, winning gold medals in 1951-53 with Peterborough and 1955 with Victoria. Nip was inducted into the Canadian Lacrosse Hall of Fame in 1998.

George Potts. Born in Nanaimo on December 29, 1930, he participated in 70 Timbermen games between 1951 and 1958, gathering 8 goals and 21 assists. A member of the original Nanaimo Timbermen boxla team passed away in February 2015.

William Dennis Wilkes passed away suddenly on Saturday February 28, 2015 at the age of 75. Bill was born in New Westminster on September 30, 1939. He served as a New Westminster fire fighter until his retirement in 1999. Bill was a New Westminster Salmonbellie and a lifelong hockey player.

Douglas James Wortley. This longtime Coquitlam Minor Association coach and volunteer passed away February ?? 2015. Wortley followed his son, Scott, and grandson, Evan, play for the Jr Adanacs program over the past decades.

BC Lacrosse Association **2015 EVENTS**

SUBWAY® BCLA Box Lacrosse Provincial **Championships**

Female July 8-12, 2015 Port Coquitlam, BC

Pee Wee July 8-12, 2015 Ridge Meadows, BC

Bantam July 15-19, 2015 Kelowna, BC

Midget July 23-26, 2015

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PL			

Think fresh. Eat fresh.**

Paula Marks (BCLA Minor Directorate Vice Chair)

Paula started her lacrosse volunteerism in 1999 when she became secretary of the Campbell River Minor Association. She's been hooked ever since!

This hard worker was promoted as association Vice President, then, President, serving her association from 2001-2008. Her appetite to learn more led her be the President of the Campbell River Jr. Lacrosse program (7 yrs.); Vice Chair North Island Field Lacrosse (4 yrs.); Zone 6 Rep and a seat on the Minor Directorate from 2008-2013. In 2014. Paula was voted Vice Chair of the Minor Directorate.

She's been a Box Provincials volunteer at various levels for the past 6 years. Marks also has Nationals experience as the 2012 Female Box Nationals Convener and has been involved with Team BC as a Female Bantam manager (2010) and assisted with Female selection camps the past 4 years.

Her hard word has not gone unnoticed as she received the 2008 Art Dauost award as Box Executive of the Year. Marks was also a champion and assisted her city to have a new box built in her hometown.

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Founders Cup Aug 17-23, 2015 Calgary, AB

Mann Cup September 11-20, 2015 BC

Some of her favourite memories include hosting the nationals and managing Team BC in 2010. Having no daughters of her own, she has a fondness for the girls program and think of them all as her "lacrosse daughters."

Congratulations Paula!

Paula Marks

The SUBWAY® "Way To Go!"Volunteer award is offered to BC Lacrosse volunteers who best exemplify the meaning of community & sport. This person goes over & above the call of duty in the BC Lacrosse community.

british columbia lacrosse association



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Berg, King & Rogers on Tewaaraton Watch List

By: LacrosseTalk Staff

On February 26, 2015, The Tewaaraton Foundation announced the 2015 Tewaaraton Award men's and women's watch lists. The lists include the top players across all three

divisions of NCAA lacrosse and highlight the early contenders for the 2015 Tewaaraton Award.

Amongst the 2015 watch lists are three BC male athletes – senior attackman Wesley Berg (Denver), senior midfielder Jesse King (Ohio State) and junior attackman Challen Rogers (Stony Brook).

Wesley Berg (Coquitlam, BC) has been a team leader with the Pioneers since enrolling at the University of Denver. Berg, in his fourth season, has a career 138 goals and 55 assists and is currently second in team scoring with 28 goals and 12 assists in 11 games. In 2014, he received First Team All-Big East honours, USILA Third Team All-America and named to the Big East Honour Roll. Berg was also a 2014 Tewaaraton Award nominee, NCAA All-tournament team member and a member of the world champion 2014 Team Canada Men's Field Lacrosse team.

Jesse King (Victoria, BC) a midfielder at Ohio State has been a team leader in scoring over his career with 135 points (76G, 59A) and currently on top of Buckeyes team scoring with 30 goals and 18 assists in 13 games. He was a 2014 USILA Third Team All-American, a Second Team All-ECAC selection, a 2014 Tewaaraton Award nominee and was 14th nationally with 3.92 points per game. King was the sixth overall selection in the 2015 MLL



Collegiate Draft by Rochester and was a member of the world champion 2014 Team Canada Men's Field Lacrosse team.

Challen Rogers (Coquitlam, BC) has blossomed into a leader for the Seawolves breaking out with a 22 goal, 30 assist season in 2014 – currently third in team scoring with 18 goals and 37 points. In 2014, Rogers moved into the top 10 all-time in assists in school history and was a First Team All-America East selection.

First presented in 2001 at the University Club of Washington DC, the Tewaaraton Award is recognized as the pre-eminent lacrosse award, annually honoring the top male and female college lacrosse player in the United States. Endorsed by the Mohawk Nation Council of Elders and US Lacrosse, the Tewaaraton Award symbolizes lacrosse's centuries-old roots in Native American heritage. The selection committees are made up of top collegiate coaches and are appointed annually by The Tewaaraton Foundation. Committees will make additions to these lists as the season progresses and athletes earn a spot along side these elite players. The finalists will be invited to Washington, D.C. for the 15th annual Tewaaraton Award Ceremony on May 28, 2015.

The 50 men's watch list candidates, with position, school and graduation year noted:

MEN'S WATCH LIST

Cole Bailey, Tufts - Sr., A Wesley Berg, Denver - Sr., A Jimmy Bitter, North Carolina - Sr., A Ryan Brown, Johns Hopkins - Jr., A Connor Buczek, Cornell - Sr., M Connor Cannizzaro, Denver - So.., A Deemer Class, Duke - Jr., M David Dickson, Bucknell - Sr., M Dylan Donahue, Syracuse - Jr., A



Matt Donovan, Cornell - Sr., M Devin Dwyer, Harvard - Jr., A Jake Froccaro, Princeton - Jr., M Conor Gately, Marquette - Jr., A John Glesener, Army - Sr., A Andrew Hodgson, Towson - Sr., M Ryan Izzo, Massachusetts - Sr., M Stephen Jahelka, Harvard - Jr., D Myles Jones, Duke - Jr., M Matt Kavanagh, Notre Dame - Jr., A Jesse King, Ohio State - Sr., M Matt Landis, Notre Dame - Jr., D Sam Llinares, Hofstra - Jr., A Dan Lomas, High Point - Jr., A Alex Love, Hobart - Sr., A Mike MacDonald, Princeton - Sr., A Kevin Massa, Bryant - Sr., FO Brandon Mullins, Syracuse - Jr., D Joe Nardella, Rutgers - Sr., M Jack Near, Notre Dame - Sr., M Conrad Oberbeck, Yale - Sr., A James Pannell, Virginia - Jr., A Michael Pellegrino, Johns Hopkins - Sr., LSM

Sergio Perkovic, Notre Dame - So., M Matt Poillon, Lehigh - Sr., G Nikko Pontrello, Loyola - Sr., A Charlie Raffa, Maryland - Sr., FO Kevin Rice, Syracuse - Sr., A Challen Rogers, Stony Brook - Jr., A Joey Sankey, North Carolina - Sr., A Nick Saputo, Drexel - Sr., M Sam Somers, Army - Sr., G Randy Staats, Syracuse - Sr., A Wells Stanwick, Johns Hopkins - Sr., A Dan Taylor, Lehigh - Sr., A Lyle Thompson, Albany - Sr., A Ryan Tucker, Virginia - Sr., M Chad Tutton, North Carolina - Sr., M Gunner Waldt, Bryant - Jr., G Ryan Walsh, Colgate - Sr., A Zed Williams, Virginia - So., M

Stealth Celebrate Canadian Lacrosse Hall of Famer

By: Bruce MacDonald

On Saturday, February 28 the Vancouver Stealth in collaboration with the CLHOF celebrated over 100 years of great Vancouver lacrosse players at the Langley Event Centre.

The first 1,000 fans through the gates received a pack of Hall of Fame cards featuring 'Newsy' Lalonde, Bill Dickinson, Don Hamilton, Doug Hayes and 5 other stars.

The Hall of Fame's display at the game attracted a ton of interest from fans. Vancouver Burrards' goalie, Stealth goalie coach and Hall of Fame inductee Dave Evans lent his 1970's era jersey, mask and wooden stick to the display, rounding out a fascinating collection of artifacts, photos and newspaper clippings. A large photo of the 1961 Mann Cup victors, the Vancouver Carlings, showing such greats as Gord Gimple and John Cervi, pulled in countless people, young and old, for a closer look. The Carlings are in both the CLHOF and the BC Sports Hall of Fame.

The Stealth, inspired, maybe, by the stars of yesteryear, responded with an unusually high scoring victory, 21-15, over the Minnesota Swarm. 36 goals? That's the kind of scoring, and excitement, that was routine in the 1940's through the '70's.

"Without a past, there's no future," said CLHOF chair Tony Glavin. "The equipment and uniforms of players



of 50, 60 and more years ago may look a little quaint to us today, but make no mistake, inside those uniforms the guys were every bit the great athletes we see playing the game today. We have to remember those players and their teams. In a sense, they're the future."

The CLHOF, now located in the new Anvil Centre in New Westminster and having modernized the way artifacts are displayed, is in the process of overhauling their website.

"We want to take our national collection of lacrosse memorabilia to the country via our website," said Dave Stewart-Candy, CLHOF curator. "We can actually do far more for lacrosse on our site than we can in our hall. Not everyone can get to it, so we're going to go to them with special exhibits, stories and photos."

Anyone with lacrosse artifacts, souvenirs, jerseys, sticks, photo albums, videos or even stories is invited to contact the Hall.

"We never stop collecting," said Stewart-Candy.





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Stealth's Ratcliff Retires at 33

By: Kevin Berar, Stealth Lacrosse

Vancouver, BC (Friday, February 6, 2015) – The Vancouver Stealth announced February 6th the retirement of veteran forward Lewis Ratcliff. Ratcliff played in the National Lacrosse League for 14 seasons and finishes his career with 1,040 points – 472 goals, 568 assists in 212 NLL regular season and playoff games.

"Lewis has accomplished so much in his great career and it has been an absolute pleasure to have him as a member of our organization over the past 6 seasons," said Stealth President and General Manager Doug Locker. "He gave our fans a lot of exciting memories and was instrumental in our 2010 NLL Championship. There is no doubt in my mind that Lewis will be a Hall of Famer in the not too distant future."

Ratcliff, 33, joined the Stealth organization in 2010 after spending time with Toronto and Calgary, where he won his first NLL Champion's Cup as a member of the Roughnecks in 2004. His 46 goals in 2010 with the Stealth led the league and he finished second with 97 points in the regular season. Ratcliff is in the Stealth record books in numerous categories including Top 10 All-Time Regular Season Goals (183), Assists (220) and Points (402) along with being ranked Top 10 in All-Time Playoff Goals (17), Assists (25), Points (42) and Games Played (9). He was voted Champion's Cup MVP in 2010 after scoring 5 goals and 1 assist in the finals, helping the Stealth defeat Toronto 15-11 and win their first Champion's Cup.

"Retiring was a tough decision, but the right thing given my increasingly busy schedule as an owner and leader in two companies," said Ratcliff. "I've always tried to conduct myself in a positive manner that would honour my family, my team, my organization, and fans. I thank them all for their support. I'd like to thank Denise Watkins, Doug Locker and David Takata for everything they have done over the past 6 years. Some of my best lacrosse memories took place with them and I am grateful for all they have done."

"I wish the team well the rest of the season," he continued. "It is a great group of guys and I'll miss them deeply. I have enjoyed every minute playing in the NLL and will remain a lifelong supporter of the league's growth."

The Victoria, BC native sits 6th in all-time career goals (440), 10th in all-time career assists (520), 8th in all-time career points (959) and 4th in consecutive games played (196). He reached the historic 50 goal plateau once in his career, scoring a career-high 104 points including 50 goals in 2007 with Calgary. Ratcliff is also among the all-time leaders in NLL career playoff points with 81 (32g, 49a) in 16 games. The four-time All-Pro was drafted 49th overall by the Roughnecks in the 2001 NLL Entry Draft. His long list of accomplishments also include being a 6-time All-Star and winning the 2006 NLL All-Star Game MVP.

Ratcliff is the General Manager and Director of Operations for the Seattle Starz and founder of Monarch Lacrosse.

"In addition to everything he has done on the floor, Lewis has been a guiding force in the development of the Stealth Lacrosse Academy and our Junior Stealth program in Washington State," added Locker. "We are



Lewis Ratcliff

happy that he will be continuing in that role for us moving forward."

The Stealth would like to thank Lewis for his contributions both on and off the floor to the Vancouver Stealth organization.

Stealth Hoping for Schuss-cess after Trade Deadline Deal

By: Teddy Jenner

There were probably a lot of late nights over at Stealth headquarters at the end of March. Leading up to the National Lacrosse League trade deadline, Vancouver was sitting with a record of 4-7 and far too many questions and not enough answers -- a repeat from last year seemingly imminent.

In 2014, the Vancouver Stealth went 4-14 in their inaugural season at the Langley Events Centre, prompting GM Doug Locker to make some major moves in the off season in hopes of

shaking things up. Being a GM in any professional sport isn't easy; it's even harder in a



Logan Schuss was the 2014 NLL Rookie of the Year.

missing pieces that helped lead them to three NLL title games in four years. McCready was going to be and has been the grinder on the righty side to work with Rhys Duch and Tyler Digby. Through the first half of the season, he's been better than expected. The team can't ask much more from McCready. On the other side of the floor though, things haven't gone so smoothly. To start the year, Vancouver had Lewis Ratcliff, Caleb Wiles, Cliff

With the acquisition of

Johnny Powless and Joel

McCready, the Stealth felt

they had finally found the

Smith and Powless. After the NLL trade deadline on March 31st, only Smith was left. Finding chemistry between players in such a sort time is a difficult task when there's only one ball but for Vancouver, the pieces just haven't fit together since Powless was brought in. needed to do something. He was forced to watch his team drop three straight games leading up to the deadline.

The tinkering continued, as Locker was forced to make a move that would once again shake up his roster. The once thought of future, was sent to Minnesota in exchange for local BC boy Logan Schuss, who had been in and out of the Swarm line-up due to work commitments back home on the west coast. Schuss is one of the game's best young players and will be an immediate fan favourite, not just because of his local ties, but that will definitely help. He should be able to work with Small and the hope is that the Stealth will finally be able to have the balanced offence they've been searching for since 2010. There was talk about the Stealth going after RFA Garrett Billings from Toronto, but a deal couldn't be made and in honesty, while adding Billings would've been a massive coup for Locker, it wasn't the move he needed to make for his team. His righty side is one of the best in the league right now and adding Billings would have caused way too much clutter. Patching up the left hand side was just what was needed and heading into a crucial home and home series with the Edmonton Rush (April 3 & 4), it couldn't have come at a better time. With four weeks left in the regular season, the Stealth are in a dog fight for the last playoff spot in the West and it will probably come down to the final week in early May until we see how the dust settles. For Vancouver to be there at the end, they need to stay healthy and find a way to become a cohesive unit. Find that common bond in the locker room to get this squad over the hump. It's only year two out at the LEC but as crowds hover around a 3,700 per game average and the team continuing to



Stealth acquire Deltas Logan

nine-team league where players have regular day-time jobs and families to take into account. So, Locker pulled the trigger on a couple of major trades that saw a serious re-working of his roster on both sides of the ball. Unfortunately, to start the 2015 season things haven't quite gone according to plan.

To say the back end has taken a beating would be an understatement, and it's taken its toll on the Stealth who continues to try to convince the local fans they're the real deal. Already without the services of Matt Beers (firefighting probation) and captain Kyle Sorensen (knee surgery), the Stealth have been crippled by the injury bug with the likes of Chris O'Dougherty, Tyler Burton, Rory Smith and Tyler Garrison missing significant time due to injuries. However, the crisis on the back end isn't the only crack in the foundation. Wanting a chance to play a bigger role, Powless was lured away from the three time champs in Rochester along with McCready, for three firsts and a second round draft pick with the vision of him being the future of the team. From day one, there was enormous pressure put on the 22 year old from Six Nations to help the Stealth's beleaguered offence, but he wasn't able to find a connection with Ratcliff and the left side struggled. Just a few weeks into the season, Ratcliff announced his retirement from pro lacrosse and Locker went out and traded for Corey Small who was thought to be a good fit to work with Powless. Once again it didn't quite work as expected and GM Doug Locker Schuss from Minnesota at the NLL trade deadline.

struggle on the floor, something has to change and quick. The good thing for the Stealth is that they only have to beat out one team to make the post-season and once you're in the dance anything can happen in the NLL. For the sake of Doug Locker's nerves, here's hoping the Stealth don't make him have to have too many more sleepless nights.

In four games with the Stealth since Schuss was injected into the lineup, he has added a nice spark and chemistry to the offense. In four games, Schuss has potted 4 goals and added 12 helpers.

2015 FIL World Indoor Lacrosse Championships

Lacrosse is Coming Home ...

For the first time ever, the FIL (Federation of International Lacrosse) will hold the World Indoor Lacrosse Championships at the home of the game: The Onondaga Nation. This is a significant milestone - the Haudenosaunee, will step onto the world stage and carry their flag, exercise the sovereignty of indigenous nations, share their culture, field their national team, welcome guest nations, and proudly host the game of their ancestors.

Fourteen Nations from around the world will journey to Onondaga to compete. The eyes of the world and all of Indian Country will descend on the Onondaga Nation in Upstate New York this September.

Lacrosse is one of the oldest team sports in North America. The original game was given as a gift from the Creator to the Haudenosaunee (Iroquois). The power of the game is sacred and it demands purity of mind, body and spirit. It is revered by the Haudenosaunee and handed down through generations as a game of discipline and honor. Traditional lacrosse games were sometimes major events that could last several days. As many as 100 to 1,000 men from opposing villages would participate. Lacrosse is not just a sport to the Haudenosaunee, It is believed that when they play their "medicine game," "there is a parallel game in the sky world..." honoring and protecting their Nations' values, traditions and way of life.

International visitors, dignitaries, lacrosse fans and all of Indian Country will travel to Syracuse New York to root for their teams. The Iroquois Nationals proudly host, carrying their Nation's flag, colors and sticks into International competition. Lacrosse...is coming home.





EVENT OVERVIEW - The FIL World Indoor Lacrosse Championship is an international tournament that is held every four years. The 2011 FIL World Indoor Lacrosse Championships were held in Prague, Czech Republic. The defending World Champions are Canada, with the Iroquois Nation finishing second and the United States finishing third. These Nations will compete again in 2015 alongside Australia, the

Czech Republic, England, Finland, Germany, Ireland, Israel, Serbia, Switzerland, Thailand and Turkey.

The start of the 2015 Games will commence at the War Memorial in downtown Syracuse, with a spectacular Opening Ceremony and Game I on September 18th. The traditional round-robin tournament play will continue for a week at the Onondaga and Village Arenas on the Onondaga Nation. The Finals will take place at the Syracuse University Carrier Dome, with a capacity of 28,000 seats for Lacrosse fans from all over North America, and the World.

The Haudenosaunee are proud to host the games, with a theme of "peace and friendship" in these difficult times for our world.

Coinciding with the Games, the Haundenosaunee peoples will host a Cultural Festival on the Nation. Native dancers, musicians, artisans, and craftsmen from across North America will showcase their Nation's history, values, traditions and talents. The Onondaga will host a Buffalo Roast to commemorate their International visitors on the Athlete's Day of Rest prior to the Final Games. http://wilc2015.com/

2016 World Youth Tournament Registration Open

By: Andy Watson

The U19 Men's World Championship organizers are excited to host two Youth Invitational Tournaments to be held in conjunction with the FIL 2016 U19 Men's World Championships.



one specific game. To be eligible, the player must be born on or after July 1, 2000. Game length will be four 15-minute quarters. Dates are July 13-15, 2016.

Team Registration: All teams are required to pay a team registration fee of \$1,500 CAD at the time of team registration, which includes: U19 Men's World Championship tournament pass for each player, tournament tote bag, minimum 5 games, tournament turf fields and all of-

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fans the opportunity to be in close proximity from their rep tourney games to be able to enjoy the world championships without having to travel a long distance.

There are two categories for the youth tour-

nament: a U15 Boys Division and a U17 Girls

Division for teams from around the world. All

games will be played at Coquitlam Town Cen-

tre, the host site of the U-19 worlds. This gives

"The youth tournament offers a rare experience to on fields adjacent to the world's top young men in a picturesque setting in beautiful British Columbia," said youth tournament director Dirk Rachfall. "It's a tremendous opportunity to make lifelong friends and build memories that will last a lifetime."

U17 Girls: Teams may consist of more than 18 players, but only 18 players may take part in any one specific game. To be eligible, the player must be born on or after July 1, 1998. Game length will be two 25-minute halves. Dates are July 9-11, 2016.

U15 Boys: Teams may consist of more than 23 players, but only 23 players may take part in

ficials, first aid and youth tournament schedule and scores will be posted on the World Championship website – www.2016worldlax.com

Team registration is online at http:// www.2016worldlax.com/youth-tournament. html. The deadline to register is Jan. 31, 2016 please note, limited space is available.

Player Proof of Age: Passports, birth certificates, or other government issued ID is required for player verification by tournament staff when the team checks in.

Coaches: Team coaches need to be duly certified by their regional governing lacrosse association, or equivalent. This will be verified by tournament staff.

For more information, please email Dirk Rachfall at dirkr@2016worldlax.com

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Teams Commit to World Juniors of Lacrosse

By: Andy Watson

COQUITLAM, B.C. - Finland, Australia, England and newcomer Ireland have all committed to the 2016 world juniors of field lacrosse, being played July 7-16, 2016, at Coquitlam Town Centre.

These four teams join

Canada and the United States as the first six teams to officially commit to the 2016 FIL Under-19 Men's Lacrosse World Championship tournament that has already seen expression of interest from over 20 teams.

Australia-Australia has a strong tradition in the U-19 tournament, placing second twice (1992 Long Island, New York; 1996 Tokyo, Japan).

Australia recently announced tryouts and is hoping to find a spot on the podium at the July 2016 world U-19 tournament. They are well organized off the field with a strong presence in their country.

The Aussies recently announced Lee Vickery as the team's head coach in addition to other key personnel for their management team.

England-Paul Coups returns to the head coaching position once again - he was also the head coach for England's 1999 U19 World Cup team which finished in fourth place and coached England's senior team to European Championship success in 1997.

Coups recently announced the tryout dates for the upcoming world juniors for April 17-18, 2015, at the University of Manchester's Armitage Centre.

"These trials are the start of a very exciting journey for the players and coaches as we move towards the U19 World Championships in Canada next year," said English Lacrosse National Talent Development Manager Jane Powell. "I would encourage any boy with the aspirations of representing England to attend these assessments and put themselves in with a chance of becoming a key team player as we move forward."

To be eligible for selection, players must have been born between Sept. 1, 1996 and July 5, 2000. International FIL Player

Coach's Corner

How to Become a

Learning Facilitator

By: Duane Bratt, CLA National Resource

Person



Eligibility Criteria also applies for players who are planning to tryout from outside the United Kingdom.

Finland-Finnish GM Joonas Niemi said preparations are underway with tryouts underway and continuing May 22-24 in

Raasepori, Finland. A third tryout will be held July 3-5 in a camp that will be held with the senior men's national team, also to be held in Raasepori. Tryouts will continue into 2016.

Ireland-Ireland Lacrosse CEO Michael Kennedy emphasized the significance of the Irish team's involvement in this event.

"This is a huge step forward for our program in Ireland," Kennedy said. "It's all about the kids, and getting down to this next level after having a senior national team for a number of years is a critical step in our ongoing development of lacrosse in Ireland. We hope that participation in this tournament will be a real catalyst for our ongoing development efforts."

First tryouts run June 26-28, 2015 at the University of Limerick on the west coast of Ireland.

2012 FIL World Men's U19 Lacrosse Championship - Turku, Finland

Results

Gold - USA 10 Canada 8 Bronze - Iroquois Nationals 18 England 1 5th Place - Australia 27 Czech Republic 4 7th Place - Germany 7 Finland 6 (OT) 9th Place - Scotland 11 Wales 9 11th Place - Netherlands 11 South Korea 6

Final Standings

- USA
 Canada
 Iroquois Nationals
 England
- 5. Australia
- 6. Czech Republic



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SUBWAY® Restaurants LacrosseTalk National Rankings (2015 Pre-Season Ranking)

Senior A Lacrosse Top 7

1 Six Nations Chiefs

- 2 Victoria Shamrocks
- **3 Peterborough Lakers**
- 4 Maple Ridge Burrards 5 Burnaby Lakers 6 Brooklin Redmen
- 7 Brampton Excelsiors

Junior A Lacrosse Top 10

- 1 Six Nations Arrows
 2 Coquitlam Adanacs
 3 New West Salmonbellies

 4 Whitby Warriors
 5 Victoria Shamrocks
 6 Brampton Excelsiors
- 7 Calgary Mountaineers
- 8 Peterborough Lakers
- 9 Orangeville Northmen 10 Delta Islanders
- 7. Germany
- 8. Finland
- 9. Scotland
- 10. Wales
- 11. Netherlands
- 12. South Korea

enhance coach learning, and managing group tasks to optimize coach learning.

The final step is the maintenance of LF certification. This is done, just like with coaches, through professional development. Lifelong learning and continuous improvement is important for those teaching lacrosse coaches. LFs are the backbone and face of the lacrosse coaching program. They are leaders and role models to other coaches. This extends beyond the clinic and to the box or field. When an LF is actively coaching, other coaches watch their behaviour. Think of the lasting influence that such prominent BC LFs such as Dennis Quigley, Gerry Van Beek, or the late Bill McBain have had on the game of lacrosse.



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I often get asked how someone is able to conduct lacrosse coaching clinics. What follows is a simplified pathway to become a learning facilitator (LF) in lacrosse. but are supposed to help coaches to learn by doing, thinking, discussing, etc.

If selected as a possible LF, the next step is for the candidate to go through two types of training: core training and lacrosse-specific training. Core training, which is led by a Coaching Association of Canada Master Learning Facilitator (MLF), includes learning about the NCCP, functions of a LF, elements of an effective learning activity, and facilitating group activities involving adult learners. Lacrossespecific training, which is led by a Canadian Lacrosse Association MLF, includes learning about the lacrosse coaching development program, coaching manual content and timing, and review of key teaching points. Once training has been completed, it is on to facilitating actual coaching clinics. The LF candidate co-facilitates a clinic with a certified LF. Following this co-facilitation, the newly trained LF delivers a clinic independently. The LF is evaluated at this clinic by a MLF using four categories: structuring and managing the training environment appropriately, facilitating the achievement of learning outcomes, displaying appropriate communication and leadership to

reland. 2 Coque cham- 3 New W

The first step is to determine if you meet the criteria to become an LF. A strong background as a lacrosse coach is an obvious and essential criteria, but it is not the only one. Potential LFs must also be fully certified in lacrosse through the National Coaching Certification Program (NCCP). Believe it or not, I have had people think they should be delivering NCCP clinics even when they had not gone through the process themselves! Beyond their own individual certification, potential LFs need to have strong communication, presentation (both on the floor/field and in the classroom), facilitating, organizing, and leadership skills. This is because LFs are not intended to be the "sage on the stage,"

It is important that a LF is carefully chosen and trained. It is often said that a poor coach can ruin the experience of 15 players. Well, a poor LF can ruin the experience of 20 coaches representing a total of 300 players.

If you are interested in becoming an LF please contact the BCLA for the application procedure.



Canadä

The BCLA wishes to acknowledge the support and contribution of the Province of British Columbia.

Lacrosse Historian Passes Torch

By: Jeff Gombar

When anyone thinks about a lacrosse historian in BC there is only one person that comes to mind. He is someone that has a deep passion in documenting lacrosse's colorful past and an unparalleled love in preserving its history. If you know lacrosse and its storied past, then you likely know of Stan Shillington, the keeper of lacrosse history in BC for the past 63 years.

Shillington has kept statistical information for Senior lacrosse in BC, including stats for teams and all athletes that wore a jersey in the Senior leagues from the Inter City Lacrosse League (ICLL) to the present day Western Lacrosse Association (WLA) from 1933 to present.

Stan got his start in lacrosse in 1953 as one of the founders of the Renfrew Athletic Club. His devotion to the sport ran deeper than just volunteering or coaching. As a founding member of the Fraser Lacrosse Commission he worked closely with youth athletes and coordinated Minor Provincial Championships in the late 60's.

"Kids can get into trouble if they have nothing to do," explained Shillington on his early community volunteerism. "If they keep involved in sports, arts or community programs it keeps their minds busy and out of trouble."

As Secretary of Renfrew Athletic Club (1954), he found he could get paid for sending lacrosse stats to the Vancouver Sun. Later, Art Daoust, head of the Junior league in the 50's, contacted Stan to do stats for the league and write the occasional story for Junior lacrosse...now he was hooked.

In 1957, Tom Gordon, head of ICLL, contacted Stan to be the ICLL statistician. How could he say no? There were no stats kept from the 30's, 40's and 50's, so his research began collecting data from newspapers as early as 1933 when the first official box league started play.

Shillington started logging statistics with the Vancouver Minor Association in 1955–1960, then added the BC Junior "A" Lacrosse Association in 1956 (12 years) and the BC Senior "A" lacrosse leagues (Inter-City and Western Lacrosse Association) in 1957 to his portfolio. He spent 31 seasons as league statistician with the Inter-City Lacrosse League (ICLL) and Western Lacrosse Association (WLA).

Stan could be seen on any given Saturday night in the old Coquitlam Sports Centre or Queens Park Arena, perched atop the press box managing the game stats for Senior games. In arguably the hottest seat in the house, Stan kept all the stats as he saw them, many times differing from the actual score sheet. He'd be the first to note any discrepancies and the rationale for each of them.

In his career, Stan has been the scorekeeper for 622 league games, 235 playoff games and 114 Mann Cup games, for a total of 971 games -- that's over 58,000 minutes of lacrosse action inside stuffy, sweaty arenas. The next closest scorekeeper has 459 games.

To this day, Shillington can be credited for numerous athletes, builders and teams that have been inducted into the Canadian Lacrosse Hall of Fame. He keeps a list of Hall-worthy candidates with their statistical stories ready to submit nominations for committee perusal. Not all of his nominations have been successful, but he'll tell you majority have been given the nod.

"I have no idea how many have been inducted, but it runs in the hundreds. I nominate people because I have the background information and stats," noted Stan. "This is why I got interested in the history; no one had the information, so I started doing stuff like this."

If anyone needed any statistical information, it was a given that Stan would be the person with the answers. If any media asked for stats for Peter Black of 1960's Burrard fame, Stan would have them.

At 79 years of age, this humble old fella could tell a story of yesteryear as if it were yesterday. Stan has documented more lacrosse memories and produced a collection of historical stories on individuals, teams and championships for BCLA publications called "Down Memory Lane" – a compilation of over 125 articles of lacrosse history....of which he has been privy to for 63 years.

If it wasn't for his knowledge and statistical data base, our history would be lost. Stan has kept game score sheets, programs, newspaper articles and his statistical lists of teams and athletes over the years....albeit in handwriting and type-written files.

There is no doubt Stan is the most knowledgeable lacrosse historian in BC and likely in Canada. As years have passed, he often eluded to leaving all his statistical information to lacrosse to manage it when he's no longer amongst us. Stan is still with us, but the 16 boxes of materials have gotten too cumbersome to store any longer in his basement, much to his wife's chagrin.

So, in this historical transition of sorts, lacrosse will need a new mes-

letes. The player I liked the best was Wayne Goss (New West). He could face off, was the best penalty killer in the game and a hell of an offensive player that played both ends of the game....more than you can say for the players of today. Others include Geordie Dean, Mike Reelie, Bruce Turris...I knew them as kids and followed their entire careers.

Q: Who was your favorite team?

Stan: 1964 Vancouver Carlings (Burrards)...I was on the executive from 1961-67, but the 1964 team was incredible and came back and won the Mann Cup after being down 3-1 to Brooklin.

Q: Who was the best overall team in BC Lacrosse history?

Stan: Vancouver from 1961-67 controlled lacrosse -- 1970's the Salmonbellies.

Q: Most memorable Minto Cup?

Stan: 1954 and 1956 Renfrew Athletic Club sponsored Mount Pleasant Legion team and changes it to the PNE Indians -- Jack McKinnon's team went to the 1954, '55 and '56 Minto Cups and won two.

Q: Most memorable Mann Cup?

Stan: 1964 Vancouver Carlings (Burrards).

Q: Who was the toughest lacrosse player?

Stan: Bill Chisholm (Burrards), was the toughest I've seen in the 50's and 60's.

Q: Who was the best defender?

Stan: Bill Dickinson...at that time he was bigger than anyone else, many other players were smaller...he was big and tought!

Who was the best all-around Player?

Stan: Wayne Goss.

Q: Who was the best pure goal scorer?

Stan: From the centre line in, Jack Bionda...he was the Maurice Richard of lacrosse. I really liked Bobby Allen when he played for Nanaimo – in the mid-50's he was in NW and scored 6 goals and all were different.

Q: Who was the best goaltender as a stopper?

Stan: Stan Joseph – he played Sr at 16 years old and played forever. I liked Donny Hamilton, the type of guy that his reflexes weren't great, but he was a student of the game and often out thought his shooters.

Q: Who was the best offensive goaltender?

Stan: Smeltzer was good, there were a lot of them.

For many readers, the athletes and teams from this historians past may be of a time long ago and unknown. But if it wasn't for his painstaking work keeping the history, you may never have been privy to their existence.

Shillington etched his name in lacrosse folklore as a Builder in the Canadian Lacrosse Hall of Fame class of 1977.

Shillington's lacrosse knowledge runs deep of present stars and past greats. Stan offered this knowledge and expertise to the Canadian Lacrosse Hall of Fame as the secretary of the Player Selection Committee. In his 18-year tenure at the Hall he paved the paths of numerous lacrosse greats to be enshrined into the hallowed hall.



senger to keep the history alive for another 63 years. In order to really get a feel for Stan's work, we asked him for some of his best lacrosse memories... And it was tough to have just one answer per question.

Q & A

Q: What was your first Senior game you saw?

Stan: In 1946-7 when I was 10-11 years old -- I lived in downtown Vancouver and rode the bus to the Forum. I watched the Vancouver Burrards, the Indians and Richmond Farmers. I liked the Richmond Farmers. As a kid, we played road lacrosse and played with other players like Mario and Larry Crema, Joe Durante, John Cervi, Chuck de Buque, who were much older. I would go and watch the older kids play lacrosse at the Forum.

Q: Who was the most exciting player (idol) when you were growing up?

Stan: Mario Crema (Richmond & Indians, New West), Mel Jones (Indians) and the great goaltender Herbie Delmonico (Richmond).

Q: Who were some of the more present-day stars that were your favorites?

Stan: I have a lot of very good friends who played lacrosse and one of the things that I've enjoyed over the years was watching them grow as ath-

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