

Why Play Mini-Tyke / Tyke Lacrosse?

Mini-Tyke: 5-6 year Olds

Tyke: 7-8 Year Olds

- To give kids the opportunity to build self esteem
- To get your kids participating in physical activity.
- To create an avenue for your kids to make friends, learn team work, while promoting fairness, respect and integrity.

Lacrosse is called the "Fastest Game on Two Feet".

As a game, it is unparalleled in developing skill, speed, intelligence, fitness, endurance and dexterity.

Games are played April to June. The athletes play a non-contact version of the game. Emphasis is on skill development, equal play and FUN!

Lacrosse has been played in North America for over 1,000 years. Mini-Tyke and Tyke Lacrosse is a great introduction to Canada's National Summer Sport.

**NOTHING
CAN STOP THE
UNSTOPPABLE
FORCE THAT IS**

LACROSSE!