



Safety Guidelines at LEC Fieldhouse for Team BC Field Lacrosse Activities

If you are feeling ill or have any symptoms of Covid-19, please stay at home.

1. **Entrances & Exits:** All participants enter & exit at the LEC Fieldhouse Main Entrance.
2. **Masks:** Masks must be worn in all indoor public spaces throughout BC. All participants are required to wear a mask in the LEC Fieldhouse, but can be removed during lacrosse activities (i.e., dressing rooms, gym, on-floor).
3. **Proof of Vaccination Is NOT REQUIRED** for youth athletes (21 and younger) participating in indoor sport events and programming. **Proof of Vaccination Is REQUIRED** for supervisors (12 and older) for indoor youth sport events and programming. Supervisors include coaches, team officials, team managers, & volunteers.
4. **Water Bottles:** Please bring your own water bottles with your name on it. Water stations are located at each bench & main hallway.
5. **Spectators:** For Team BC training, and to ensure the safety of all participants and staff, spectators will NOT be permitted in the LEC Fieldhouse during our training session activities.
6. **Dressing Rooms:** Rooms will NOT be available. Please come fully dressed with gear on. Personal belongings can be left in the bleachers.
7. **Footwear:** Please wear appropriate runners or turf shoes -- NO CLEATS!
8. **Keep things Clean:** Please pick up all garbage & recyclables and keep our Team BC training facility home clean!

Parents/guardians, please pick up your athlete outside the Fieldhouse after the sessions.

THANK YOU!