

Team BC U13 Men's Field Lacrosse



Photo Courtesy:
Paul Blackwell

Team BC U13 Men's Field Lacrosse Team - Del Mar, CA

2015 marked the third year of the Team BC U13 Boys Field Lacrosse Program. The U13's trained and competed at the Adrenaline Lacrosse Tournament in Del Mar, California January 1-3, 2016.

Nearly 100 teams, of various age groups, from around North America competed at the 3-day event. 16 fields and thousands of lacrosse enthusiasts lined the fields for three days of action. Coaches Daren Fridge (Coquiltam) and Gord Kask (Maple Ridge) were upbeat going into the Adrenaline tournament.

The Team BC U13's went undefeated and won the Lizards 2021/2022 Division with a flawless 5 win and no loss record. In the opener, the boys took a bit to shake off the rust versus Minnesota Chill (MN) and won a tight 6-3 game. Next, Team BC found their legs and warmed up under the California sun beating the SD Crusaders (San Diego, CA) 9-5.

Midway through the tournament, Team BC caught their stride and went on a scoring spree beating Rogue Lacrosse (Tucson, AZ) 11-2, then scored another eleven goals to pound the LA Heat (Los Angeles, CA) 11-1 in a lopsided quarter final match.

In the semi-finals, Team BC met Rogue Lacrosse again with a berth in the finals on the line. The boys in blue gave Rogue all they could handle with a relentless offensive barrage scoring a tournament high 17 goals, en route to a 17-3 drubbing of Rogue.

In the finals, Team BC met a talented So Cal Express (Irvine, CA) team and met their toughest match of the tournament. Team BC got off to a slow start and fell behind 2-0, before tying the game back at 2 apiece. BC went up 7-4 midway in the second half, when So Cal got on a 3-goal run to even the score at 7. The see-saw battle continued, as both teams traded goals until the end when So Cal scored late in the game to notch the score at 9-9. Team BC possessed the ball after a turnover deep in the So Cal zone and scored with only 7 seconds remaining to win the finals 10-9.

"This team truly bought-in to their defined roles," stated Coach Fridge. "For many of them, this experience represented the first time that they got to be a leader and many of them had amazing tournaments."

"As a team, the boys were well-behaved the entire trip and were always prompt for meeting times. They treated each well and they were an enjoyable group to coach."

Two years ago, the Team BC Program changed the age groups (from U14 to U13) to aligned with the high school grades used in tournament play like Adrenaline. This allowed for a much more even playing field, rather than playing older competitors and re-classed athletes. The change has proven positive and offered parity.

"A special thanks to Team Manager, Paul Blackwell, and our assistant coaches Gord Kask and Dustin McColl with helping us perform at our best," noted Fridge. "As well, I wish to thank guest coaches Ryland Rees (defense) and Blair Mitchell (face-offs) for their contributions leading up to the event."

Team BC Field Lacrosse Coordinator, Reynold Comeault, was impressed with the U13 achievements.

"I'm very pleased with the increase in interest and development of our younger players," noted Comeault. "Coach Fridge had some real difficult decisions with the final U13 Team BC roster selections -- but by all accounts, they represented our province well in going undefeated and winning the championship. This year marked the second time Coach Fridge took a team to San Diego, so the experience of the event proved to pay dividends for Team BC."